



TRUE LIFE IMPLEMENTATION GUIDE

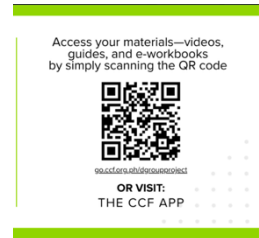
Ready to Reach More People for Christ?

Making disciples has never been easier! The Dgroup Project Resources are designed to help you conduct evangelistic and discipleship events in a simple, engaging, and effective way.

1. Prepare

Everything you need for your evangelistic or bridging event is ready!

Simply scan the QR code to access the complete Dgroup Project Resources—available free of charge.



Dgroup Leaders may also access the complete Dgroup Project Resources through the CCF App. This feature is exclusively available to registered Dgroup Leaders, giving you convenient access to all the materials anytime, anywhere.

Prefer printed workbooks? We've got you covered! You may request hard copies through this link: <https://bit.ly/4eWg2rK>. Printed workbooks are also available every Sunday at the GLC Booth at very affordable prices.

2. Pray, Plug, and Play

Before anything else, pray and ask the Holy Spirit to guide and empower you as you minister to others. Then simply Plug and Play—play the session videos while participants follow along using the workbook. Each workbook contains:

- Breakout discussion questions after every session
- Interactive activities and application exercises
- Practical guides to help facilitate meaningful conversations

Everything is designed to make leading your Dgroup Project simple and impactful.

3. Follow the Recommended Program Flow

To maximize the learning experience, we highly encourage conducting the retreat programs (True Life Retreat and 2Be1 Marriage Retreat) over 2–3 consecutive days.

To preserve the intended learning journey, please:

- Follow the sessions in the prescribed order.
- Do not remove or skip sessions.





DGROUP PROJECT IMPLEMENTATION GUIDE & PROGRAM FLOW



- Avoid shortening or extending sessions in ways that alter the intended progression of the lessons and activities.

Bible Study sessions, however, may be conducted on a weekly basis.

Note: The True-Life Retreat includes a Baptism Rite. The Dgroup Leader may conduct the baptism. Please refer to the Baptism Implementation Guide found in the True-Life Retreat folder.

4. Protect the Resources

These materials have been prayerfully developed to support disciple-making.

To respect copyright and maintain the integrity of the program, please do not modify, replace, or reproduce any part of the resources, including the content, videos, logos, titles, branding, cover pages, or other copyrighted materials without permission.

Thank you for helping us preserve the quality and consistency of these resources.

5. Submit Your Report

To help us celebrate what God is doing and continue improving the ministry, all Dgroups implementing the Dgroup Project are requested to submit their reports through the online monitoring form:

<https://bit.ly/dproject-monitor>

Thank you for partnering with us in making disciples. We pray that God will use these resources to reach more people for Christ and help them grow into committed followers of Jesus.

TRUE LIFE PROGRAM GUIDE – 2 DAYS

DAY 1

Time	Session Design	Instruction	Tools to Use Person-in-charge
10 mins	PRE-SESSION	Check the materials to be used. “Kamustahan” while waiting for others	TV with speakers or Laptop with speaker Microphone (optional)
5 mins.	WELCOME	Greet guests warmly and help everyone feel comfortable. Begin with a short opening prayer.	



DGROUP PROJECT IMPLEMENTATION GUIDE & PROGRAM FLOW



10 mins	WORSHIP	Play 1–2 CCF worship songs to prepare hearts for God's Word.	
48 mins	WATCH	Session 1: Father's Love Paul Tan-Chi (48 minutes) or	Play Video
20 mins	BREAKOUT DISCUSSION	Depending on the number of participants, divide them into groups of 3 to 5 people. Each group should be facilitated by a DGroup Leader or a Timothy. Refer to the Facilitator's Manual for details	Facilitator's Manual Participants' Workbook Pens or pencils
60 mins	WATCH	Session 2: What's So Bad About Sin? Pastor Danny Urquico	Video
20 mins	BREAKOUT DISCUSSION	Refer to the Facilitator's Workbook	Faci/Participant's Workbook
30 mins	LUNCH BREAK	FELLOWSHIP TIME	
50 mins	WATCH	Session 3: The Cross Pastor Marty Ocaya	Video
20 mins	BREAKOUT DISCUSSION	Refer to the Facilitator's Workbook	Faci/Participant's Workbook
5 mins	BREAK	COFFEE BREAK	
50 mins	WATCH	Session 4: Baptism Pastor Leo Mata	Video
10 mins	Processing	Ask participants if they will follow and publicly declare their faith in Jesus through baptism.	Faci/Participant's Workbook
10 mins	Closing Summary or Take-away of Learnings Closing Prayer Reminders	Ask participants to share their most significant learning from the day. Encourage participants to join Day 2 of the True Life Retreat and thank them for their active participation.	
	TOTAL = 6 Hours	- END of DAY 1	



DGROUP PROJECT IMPLEMENTATION GUIDE & PROGRAM FLOW



DAY 2

Time	Session Design	Instruction	Tools to Use Person-in-charge
10 mins	PRE-SESSION	Check the materials to be used. “Kamustahan” while waiting for others	
5 mins.	WELCOME & RECAP OF DAY 1	Welcome and Recap - Greet everyone warmly and help create a welcoming, comfortable atmosphere. - Open the session with a short prayer. - Briefly review the key lessons from Day 1. Recap Script (optional): <i>"God desires for us to continually remember the truths He has revealed to us. The goal of this retreat is not merely to recall information but to apply these biblical truths in our daily lives so that we may experience the true life found in Jesus Christ. As we remember His truth, may it shape the way we live, grow, and faithfully follow Him."</i>	
10 mins	WORSHIP	Play 1–2 CCF worship songs to prepare hearts for God's Word.	
54 mins	WATCH	Session 5: The Spirit-filled Life Pastor Mike Yap (48 minutes)	Play Video
20 mins	BREAKOUT DISCUSSION	Refer to the Facilitator's Workbook	Faci/Participant's Workbook
84mins	WATCH	Session 6: Overcoming Strongholds Pastor Paul De Vera	Video
30-45 mins	LUNCH BREAK	FELLOWSHIP TIME	
10 mins	ICEBREAKER	Play a short exercise or a Zumba video	
50 mins	WATCH	Session 7: How to Pray Pastor Vince Moral	Video





DGROUP PROJECT IMPLEMENTATION GUIDE & PROGRAM FLOW



20 mins	BREAKOUT DISCUSSION	Refer to the Facilitator's Workbook	Faci/Participant's Workbook
5 mins	BREAK	COFFEE BREAK	
36 mins	WATCH	Session 8: Vision Pastor Ricky Sarthou	Video
10 mins	Processing	Ask participants if they will follow and publicly declare their faith in Jesus through baptism.	Faci/Participant's Workbook
10 mins	Closing Summary or Take-away of Learnings Closing Prayer Reminders	Ask participants to share their most significant learning from the day. Invite participants to attend a CCF Service and/or join a Discipleship Group.	
	TOTAL = 6 Hours	- END of the TLR Retreat	

Baptism – This may be scheduled on a separate day or conducted on Day 2 of the Retreat, depending on the availability of the participants and the venue. For more details, please refer to the Guidelines for Facilitating Baptism.

