



2BE1 COUPLES RETREAT IMPLEMENTATION GUIDELINES & PROGRAM GUIDE



GUIDELINES

Ready to Reach More People for Christ?

Making disciples has never been easier! The Dgroup Project Resources are designed to help you conduct evangelistic and discipleship events in a simple, engaging, and effective way.

The CCF 2Be1 Couples Retreat is a life-changing opportunity for couples to reconnect, deepen communication, and build a stronger, Christ-centered marriage. Through biblical teaching, meaningful conversations, and intentional time together, couples can renew their love, strengthen their commitment, and grow closer to God and to one another.



1. Prepare

Everything you need for your evangelistic or bridging event is ready!

Simply scan the QR code to access the complete Dgroup Project Resources—available free of charge.

Dgroup Leaders may also access the complete Dgroup Project Resources through the CCF App. This feature is exclusively available to registered Dgroup Leaders, giving you convenient access to all the materials anytime, anywhere.

Prefer printed workbooks? We've got you covered! You may request hard copies through this link: <https://bit.ly/4eWg2rK>. Printed workbooks are also available every Sunday at the GLC Booth at very affordable prices.

2. Pray, Plug, and Play

Before anything else, pray and ask the Holy Spirit to guide and empower you as you minister to others. Then simply Plug and Play—play the session videos while participants follow along using the workbook. Each workbook contains:

- Breakout discussion questions after every session
- Interactive activities and application exercises
- Practical guides to help facilitate meaningful conversations

Everything is designed to make leading your Dgroup Project simple and impactful.

3. Follow the Recommended Program Flow

To maximize the learning experience, we highly encourage conducting the retreat programs over 2–3 consecutive days.

To preserve the intended learning journey, please:

- Follow the sessions in the prescribed order.



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- Do not remove or skip sessions.
- Avoid shortening or extending sessions in ways that alter the intended progression of the lessons and activities.

4. Protect the Resources

These materials have been prayerfully developed to support disciple-making.

To respect copyright and maintain the integrity of the program, please do not modify, replace, or reproduce any part of the resources, including the content, videos, logos, titles, branding, cover pages, or other copyrighted materials without permission.

Thank you for helping us preserve the quality and consistency of these resources.

5. Submit Your Report

To help us celebrate what God is doing and continue improving the ministry, all Dgroups implementing the Dgroup Project are requested to submit their reports through the online monitoring form: <https://bit.ly/dproject-monitor>

Thank you for partnering with us in making disciples. We pray that God will use these resources to reach more people for Christ and help them grow into committed followers of Jesus.

PROGRAM GUIDE – 2 DAYS

DAY 1

Time	Session Design	Instruction	Tools to Use Person-in-charge
10 mins	PRE-SESSION	Check the materials to be used. “Kamustahan” while waiting for others	TV with speakers or Laptop with speaker Microphone (optional)
5 mins.	WELCOME	Greet guests warmly and help everyone feel comfortable. Begin with a short opening prayer.	
10 mins	WORSHIP	Play 1–2 CCF worship songs to prepare hearts for God's Word.	
47 mins	WATCH	Session 1: God's Design for Marriage Pastor Peter Tanchi	Play Video



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20 mins	BREAKOUT DISCUSSION	Divide the participants into groups of two to three couples. Each group will be facilitated by a DGroup Leader or a Timothy.	2Be1 Workbook Pens or pencils
66 mins	WATCH	Session 2: Roles in Marriage Pastor Peter Tanchi	Play Video
30 mins	LUNCH BREAK	FELLOWSHIP TIME	
50 mins	WATCH	Session 3: Communication in Marriage Pastor Peter Tanchi	Play Video
20 mins	BREAKOUT DISCUSSION	Refer to the Workbook	2Be1 Workbook
55 mins	WATCH	Session 4: Managing Finances in Marriage Pastor Joby Soriano	Play Video
5 mins	BREAK	COFFEE BREAK	
86 mins	WATCH	Session 5: Conflict Resolution Pastor Peter Tanchi	Play Video
20 mins	APPLICATION	Refer to the Workbook	2Be1 Workbook
10 mins	Closing Summary or Take-away of Learnings Closing Prayer Reminders	Ask participants to share their most significant learning from the day. Encourage participants to join Day 2 of the 2Be1 Couples Retreat and thank them for their active participation.	
	TOTAL = 7 hours	- END of DAY 1	

DAY 2

Time	Session Design	Instruction	Tools to Use Person-in-charge
10 mins	PRE-SESSION	Check the materials to be used. “Kamustahan” while waiting for others	
5 mins.	WELCOME & RECAP OF DAY 1	Welcome and Recap	



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		- Greet everyone warmly and help create a welcoming, comfortable atmosphere. - Open the session with a short prayer.	
10 mins	WORSHIP	Play 1–2 CCF worship songs to prepare hearts for God's Word.	
58 mins	WATCH	Session 6: Affair-Proofing Pastor Danny Urquico	Play Video
20 mins	BREAKOUT DISCUSSION	Refer to the Workbook	2Be1 Workbook
77 mins	WATCH	Session 7: Energize Your Marriage Pastor Peter Tanchi	Play Video
20 mins	BREAKOUT DISCUSSION	Refer to the Workbook	2Be1 Workbook
30-45 mins	LUNCH BREAK	FELLOWSHIP TIME	
69 mins	WATCH	Session 8: Leaving a Godly Legacy Paul Tanchi	Play Video
20 mins	BREAKOUT DISCUSSION	Refer to the Facilitator's Workbook	2Be1 Workbook
10 mins	Closing Summary or Take-away of Learnings Closing Prayer Reminders	Ask participants to share their most significant learning from the day. Invite participants to attend a CCF Service and/or join a Discipleship Group.	
	TOTAL = 6 Hours	- END of the 2Be1 Couples Retreat	