

WORSHIP

SUGGESTED WORSHIP SONGS:

You are God, It's Better than Life, Christ is Enough

WELCOME

I Ask. What is one question about life that you ask, but do not have an answer yet?

WORD

JOHN 6:22-58

³⁵ *Jesus said to them, "I am the bread of life; he who comes to Me will not hunger, and he who believes in Me will never thirst.*

Many people hunger for answers to two very important questions:

1. How can I have a meaningful and purposeful life?
2. How can I be sure that I will spend eternity with God when my life is over?

Ultimately, Jesus is the answer to both of these questions.

WHAT IS THE BREAD OF LIFE?

"I am the bread of life" (**v. 35**) is one of the "I am" statements of Jesus in the book of John. By this, Jesus declared His eternal existence as the One who created and sustains all things.

A crowd had sought Jesus a day after the miraculous feeding of the five thousand. They were only seeking Him for physical food (**John 6:26**). But Jesus knew that there is food that lasts forever, and that they had to believe in Him to receive it (**John 6:27**).

The Jews believed that one of the greatest miracles in the time of Moses was the bread (manna) from heaven, which sustained the children of Israel for decades in the wilderness. This physical bread from heaven came through Moses, but the true bread comes from God, and it brings life into the world (**John 6:32-33**). Jesus then claimed to be this true bread of life (**John 6:35**).

God wants us to have eternal life (**John 6:38**). His heart is to see people turn from their wicked ways (**Ezekiel 10:23**). Like manna came down from heaven and brought life into the desert, Jesus, the true bread of God came down from heaven and brought true life to the world.

Anybody who comes to Jesus, truly believing and putting their faith in Him, will experience life. Jesus is the only source for a meaningful, purposeful, abundant life. He is our only security for eternal life.

The crowd did not believe Jesus, only considering Him to be a son of a carpenter. It is God's will that everyone come to Jesus, but it is our choice whether to come to Him or not.

The ancient Jews experienced daily dependence on God for their survival through manna from heaven. Today, we experience daily dependence on Jesus, the Bread of Life. He is our daily bread. Through Him, we receive eternal life (**John 6:46-50**).

BELIEVE IN JESUS

What does it mean to believe in the Bread of Life?

People today are pursuing the counterfeit bread of this world, trying to satisfy their hunger away, even if only for a moment. Many seek for meaning of life in money, career, relationships, power and achievements. They are cheap substitutes for a true and meaningful life in Jesus, the Bread of Life.

Jesus told the crowd to believe in the person that God sent – Jesus, Himself (**v.29**). To believe Jesus is to humble ourselves before Him and to fully trust Him with our life for eternity.

The will of God the Father for all to behold His Son, believe in Jesus and have eternal life (**v.40**). To behold Jesus is to experience Him. On the last day, Jesus will raise up all who believed in Him (**1 Thessalonians 4:16-17**). This will be the most wonderful experience we could ever have – to be with

WORD (cont'd)

Jesus forever. When this day comes, will you be part of it?

not as the fathers ate and died; he who eats this bread will live forever.” – John 6:54-55, 58

RESPOND TO JESUS

⁵⁴ *He who eats My flesh and drinks My blood has eternal life, and I will raise him up on the last day.* ⁵⁵ *For My flesh is true food, and My blood is true drink...*
⁵⁸ *This is the bread which came down out of heaven;*

Are you experiencing real food in your life today, or are you chasing cheap substitutes? The life that Jesus gives is meaningful, purposeful and abundant. It is truly a blessing, bringing the assurance of eternity.

Jesus is the only answer to the two most important questions in life. He is the Bread of Life; believe in Him.

DISCUSSION QUESTIONS:

(Leaders: Please choose questions that are appropriate to the level of spiritual maturity of your members)

- 1. Hunger no More.** What happens when we come to Jesus, the Bread of Life, according to **John 6:35**?
- 2. Hungry for Jesus.** How would you describe your spiritual hunger before you came to know Jesus?
- 3. Lord of All.** St. Augustine of Hippo said, “Jesus Christ will be Lord of all, or He will not be Lord at all.” Is there anything or anyone in your life you have to give up to God?

WORKS

Jesus, the Bread of Life

Spend some time to write your reflection on the following about Jesus:

1. True bread, the bread of God
2. Given by the Father from heaven
3. Gives life to the world
4. Jesus is the bread of life; He came down from heaven
5. Whoever comes to the bread of life will never hunger
6. He is living bread; the bread is Jesus' flesh; His flesh is true food

WEEKLY PRAYER POINTS

I. Thanksgiving

- Worship God for who He is, what He has done, and what He will do in our lives

II. Country and the World

- Upright and moral governance of Public Servants and a God-centered Philippines
- Repentance and Salvation

III. Church

- That CCF Members would honor and love God and make disciples
- Elders, Pastors, Leaders, and Families
- Ministries and Churches worldwide

IV. CCF Facilities

- Worship and Training Center
- Prayer Mountain

V. Personal Concerns

- Deeper intimate relationship with God
- Righteous living
- Salvation of family and friends