



INTERCEDE

# RESTORATION

“I will restore to you the years that the swarming locust has eaten.” – Joel 2:25

For Kids Ages 7 to 12

CCF Mid Year Prayer & Fasting | July 1-4, 2026



# DEAR PARENTS & KIDS,

We are excited to join hands with our CCF Family for this special time of prayer and fasting. We hope this time will be meaningful, joy-filled, and full of God's amazing love for each one of you.

**Here are some simple reminders to help you out:**

## BEFORE FASTING:

Read aloud the NXTGEN Intercede Booklet together. Talk about the meaning and purpose of prayer and fasting. Complete the fasting guide together.

### PARENTS:

Help the kids decide which activities or food they will fast from. Encourage them to think about how they can spend that time with God instead.

### KIDS:

Listen to your parents or guardians on what you can or cannot fast from. They will help you choose things to fast that suit you best.

## DURING FASTING:

### LET'S READ:

Read aloud the assigned passages together. Older kids may read independently. Mark and emphasize key words in the passages.

### LET'S THINK:

Answer the suggested reflective questions to make connections and deepen your understanding of the passage.

### LET'S ACT:

Engage in the suggested activities for each day to reinforce what you've learned.

Most importantly, ask for God's help. Always remember the redemptive work of the Gospel whenever you feel frustrated, discouraged, or impatient. Jesus empowers us to persevere and finish the week well.

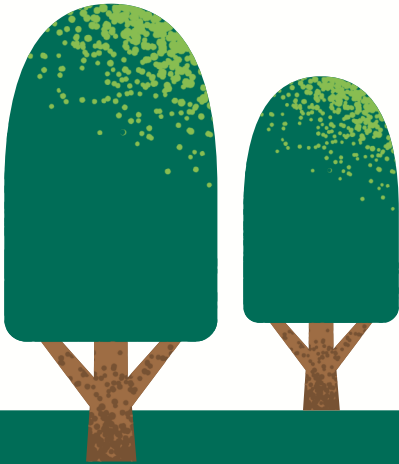
Together, let's come as a community to honor God through this special week of prayer and fasting.

We can't wait to see how God works in your lives!

# WHAT IS PRAYER?

**Prayer is talking and listening to God.** It's like having a conversation with someone who loves us very much and wants to help us. We pray to tell God how much we love Him and to ask for His help.

**We pray in Jesus' name and with the guidance of the Holy Spirit.** When we pray, we tell God how thankful we are for everything He's done for us, share our worries and needs, and ask Him to help us live the way He wants us to (Matthew 6:9-13; 1 John 5:14-15; John 16:23-24; Jude 20).



# WHAT IS FASTING?

**Fasting is choosing to stop doing an activity to enjoy God's presence.**

When fasting, we decide not to do activities such as eating a meal, using gadgets, playing games, watching movies, or doing any other activity during the fast.

**But we replace these activities with fruitful times with God,** such as praying, reading the Bible, and worshipping Him. While fasting means choosing not to eat meals, it is best to talk to your parents and guardians about what you will fast so they can guide you well.

**When we fast and pray, we talk to God and listen to Him.** We think about our actions, ask for His forgiveness, and turn away from sin. We seek His answers to our questions and pray for His provisions, healing, victory, and a deeper understanding of His Word.

It shows our dependence on God. It shows that God is more important than our regular activities and meals.

# WHY DO WE FAST?

## **GOD EXPECTS US TO FAST.**

When you give up eating, don't put on a sad face like the hypocrites. They make their faces look strange to show people that they are giving up eating. I tell you the truth, those hypocrites already have their full reward. So when you give up eating, comb your hair and wash your face. - Matthew 6:16-17 ICB

Jesus said, "Whenever you fast," not "If you fast."  
This means that fasting, like prayer, is not an option.  
Fasting is part of the Christian life.

## **JESUS FASTED.**

Jesus ate nothing for 40 days and nights.  
After this, he was very hungry. - Matthew 4:2 ICB

Before Jesus' ministry, He fasted for forty days.  
He knew He needed spiritual strength to accomplish His purpose.  
Fasting makes us physically weak but spiritually stronger  
and more prepared to do God's work.

## **THE EARLY CHURCH FASTED.**

So they gave up eating and prayed. They laid their hands on Barnabas and Saul and sent them out. - Acts 13:3 ICB

The Church fasted for Paul and Barnabas.  
Later, Paul and Barnabas appointed leaders in various churches, fasting and praying before commending these leaders to the Lord.

## **FASTING SHOWS OUR HUMILITY BEFORE GOD.**

Fasting shows that we recognize our need for God. It shows that we cannot do anything on our own. It shows how small and weak we are before our Big God.

# FASTING GUIDE

## BEFORE FASTING



### TALK TO YOUR PARENTS & GUARDIANS.

Not all people are allowed to fast or not eat food. How is your health condition? It is best to talk to them about what you plan to fast so they can guide you.



### COMMIT TO A FASTING PLAN.

What activities will you stop doing? What fruitful time with God will you do instead?



### READ, THINK, ACT

Dig deeper into God's Word and apply what God revealed to you through the assigned passages.

## DURING FASTING

### LET'S READ

Let's discover who God is and His will through His Word. **READ ALOUD** the assigned passages. **MARK** the words that must be remembered and thought about.

### LET'S THINK

Let's develop a habit of **digging deeper into God's Word** by answering reflective questions. You may write or draw your answers.

### LET'S ACT

Let's seek ways to apply what God has shown you through His Word and prayer. **Live out the lesson**, and pray for the day's focus.

# FASTING PLAN

Talk to your parents about why you would like to participate in the Prayer & Fasting and what you would like to fast from. Write or draw the activities you want to fast on each day. Keep in mind that you will replace these activities with fruitful times spent with God, such as praying, singing, reading the Bible, and worshipping.

## DAY 1

ACTIVITY TO FAST



FRUITFUL TIME  
WITH GOD

## DAY 2

ACTIVITY TO FAST



FRUITFUL TIME  
WITH GOD

## DAY 3

ACTIVITY TO FAST



FRUITFUL TIME  
WITH GOD

## DAY 4

ACTIVITY TO FAST



FRUITFUL TIME  
WITH GOD

# C.A.S.T. FOR KIDS

Prayer is talking and listening to God. C.A.S.T. helps us pray in a way that keeps our hearts focused on God—not just on what we want. It reminds us to worship Him, confess our sins, care for others through prayer, and thank Him for His goodness.

## CONFESSION

**“God, I’m sorry.”**

Tell God the wrong things you did, said, or thought.  
Ask Him to forgive you and help you obey Him.

## ADORATION

**“God, You are good and amazing!”**

Tell God how wonderful He is.  
Praise Him for being loving, powerful, kind, faithful, and good.

## SUPPLICATION

**“God, please help.”**

Talk to God about your needs and the needs of others.  
Pray for your family, friends, church, school, and the world.

## THANKSGIVING

**“Thank You, God!”**

Thank God for His blessings, answers to prayer, family, friends, food, and His love.

The background features a stylized landscape. At the top, there are two yellow-green clouds with a speckled texture. Below them, on the left, is a tree with a brown trunk and a green canopy that has diagonal stripes. On the right is a larger tree with a brown trunk and a solid green canopy. The ground is a solid green horizontal band at the bottom.

# DEVOTIONS



# BIG WORDS

Sometimes we hear big or special words while we pray and fast this week. Read the words below out loud to help you understand what they mean in a way that's easy to remember! Each word is like a key that helps you unlock what God wants to teach you this week.

## **Restore / Restoration**

- When God brings back or fixes something that was lost, broken, tired, or hurt and makes it whole, healthy, and good again.
- 

## **Brokenness**

- Hurt, sadness, sin, or problems in our hearts and lives.
- 

## **Rend**

- To tear open. In the Bible, it means being truly sorry and honest before God.
- 

## **Repentance**

- Turning away from sin and choosing God's way instead.
- 

## **Persecution**

- Being treated badly because you follow Jesus.
- 

## **Breakthrough**

- When God helps you overcome a problem, struggle, or difficult situation.



# THE NATIONS

## LET'S READ

Draw a box around the words: come back, forgive, joyful, plenty, full, I am the Lord

### JOEL 2:12-14 ICB

<sup>12</sup> The Lord says, “Now, come back to me with all your heart.

Go without food, and cry and be sad.”

<sup>13</sup> Tearing your clothes is not enough to show you are sad.

Let your heart be broken.

Come back to the Lord your God.

He is kind and shows mercy.

He doesn't become angry quickly.

He has great love.

He would rather forgive than punish.

<sup>14</sup> Who knows? Maybe the Lord will change his mind

and leave behind a blessing for you.

Then you may give grain and drink offerings to the Lord your God.

### JOEL 2:23-27 ICB

<sup>23</sup> So be happy, people of Jerusalem.

Be joyful in the Lord your God.

He will do what is right and will give you rain.

He will send the early rain

and the late rain for you, as before.

<sup>24</sup> And the threshing floors will be full of wheat.

And the barrels will overflow with wine and olive oil.

<sup>25</sup> “I sent my great army against you.

Those swarming locusts and the hopping locusts, the destroying locusts and the cutting locusts ate your crops.

But I will pay you back for those years of trouble.

<sup>26</sup> Then you will have plenty to eat. You will be full.

You will praise the name of the Lord your God.

He has done miracles for you.

My people will never again be shamed.

<sup>27</sup> Then you will know that I am among the people of Israel.

You will know that I am the Lord your God.

There is no other God. My people will never be shamed again.

DAY 1

## LET'S THINK

Who was asking the people to return to Him?

What does it mean to return to God with all your heart?

What did God promise to restore to His people?

What are some good things that happen when people obey God?

Draw a picture of people praying together for their nation.

Draw or write 3 things you are thankful to God for about your country.

Complete the sentence:

**God can restore**

-----.

How can you help bring kindness and peace at home or in school or in your community?

## LET'S ACT

### FAMILY ACTIVITY

#### News + Prayer Moment

Watch or read one child-friendly news story together.

Discuss:

- What happened?
- How can we pray about it?
- What would Jesus want people to do?

### APPLICATION

Write “**I WILL**” **APPLICATION STATEMENTS** that you plan to do as a result of what you've learned from God's Word. These statements must be specific actions with a set timeframe.

Example:

With God's help, I will show my love to [cite a person's name] every week by [cite an action].

**With God's help,**

.....

.....

.....

.....



## PRAYER POINTS FOR THE NATIONS

- Pray that people in every nation will know and follow Jesus.
- Pray for peace in countries experiencing war or conflict.
- Pray for leaders to make wise and honest decisions.
- Pray for children around the world who are hungry, sick, or afraid.
- Pray for missionaries and churches sharing God's love.
- Pray for families to love and obey God.
- Pray for schools and communities to become places of kindness and safety.
- Pray that God will heal broken hearts and restore hope.
- Pray that people will turn away from sin and return to God.

## MY PRAYER

**C** **ONFESSION** - Tell God you are sorry for the wrong things you have done. Ask forgiveness for the sins of the nation, when people choose selfishness, dishonesty, hatred, violence, instead of God's ways.

.....

.....

**A** **DORATION** - Praise God for who He is. Tell Him He is powerful, loving, holy, faithful, and King over every nation. Praise Him because He loves every nation and cares for all people.

.....

.....

**S** **UPPLICATION** - Pray for countries, leaders, families, and churches around the world. Ask God to bring peace, healing, wisdom, and hope to every nation.

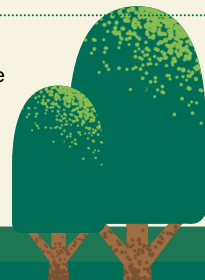
.....

.....

**T** **HANKSGIVING** - Thank God because He listens to our prayers and can restore nations. Thank Him for His love, goodness, and promise to restore people who return to Him.

.....

.....





# THE CHURCH

## LET'S READ

Draw a cross above the following words: : hurt, suffer, destroy, jail, evil

### ACTS 8:1-8 ICB

8 Saul agreed that the killing of Stephen was a good thing.

2-3 Some religious men buried Stephen. They cried very loudly for him. On that day people began trying to hurt the church in Jerusalem and make it suffer. Saul was also trying to destroy the church. He went from house to house. He dragged out men and women and put them in jail. All the believers, except the apostles, went to different places in Judea and Samaria. 4 And everywhere the believers were scattered, they told people the Good News.

5 Philip<sup>a</sup> went to the city of Samaria and preached about the Christ. 6 The people there heard Philip and saw the miracles he was doing. They all listened carefully to the things he said. 7 Many of these people had evil spirits in them. But Philip made the evil spirits leave them. The spirits made a loud noise when they came out. There were also many weak and crippled people there. Philip healed them, too. 8 So the people in that city were very happy.

### ACTS 8:12 ICB

12 But Philip told them the Good News about the kingdom of God and the power of Jesus Christ. Men and women believed Philip and were baptized.



DAY 2

LET'S THINK

What did the believers do even when life became hard?

Who did Philip tell people about?

What happened when people heard the good news about Jesus?

How can the church help people know God?

Draw your church and the people who help you grow closer to God.

Write the names of 3 people you want to pray for to know Jesus.

Complete the sentence:

**I can share  
God's love by**

-----

How can you help your church or family serve others?

## LET'S ACT

### FAMILY ACTIVITY

#### Encourage Your Church

Make a thank-you card or short message for:

- a pastor
- teacher
- worship leader
- church helper

Thank them for serving God.

### APPLICATION

Write **“I WILL” APPLICATION STATEMENTS** that you plan to do as a result of what you've learned from God's Word. These statements must be specific actions with a set timeframe.

Example:

With God's help, I will show my love to [cite a person's name] every week by [cite an action].

**With God's help,**

.....

.....

.....

.....



## PRAYER POINTS FOR THE CHURCH

- Pray that churches will love and obey God.
- Pray for pastors, missionaries, and church leaders.
- Pray for courage to share Jesus with others.
- Pray for families to grow strong in faith.
- Pray for children to love God and His Word.
- Pray for unity among believers and churches.
- Pray for people who do not know Jesus yet.
- Pray for churches in places where Christians are persecuted.
- Pray that the church will help people with love and compassion.

## MY PRAYER

**C**

**ONFESSION** - Tell God you are sorry for times you did not obey Him or show His love to others. Confess when the church forgets to share Jesus, love people, or follow God fully.

.....

.....

.....

**A**

**DORATION** - Praise God because He is faithful, loving, powerful, and worthy of worship. Thank Him for giving us the church family to help us grow closer to Him.

.....

.....

.....

**S**

**UPPLICATION** - Pray for churches, pastors, missionaries, and believers around the world. Ask God to help the church boldly share the good news about Jesus.

.....

.....

.....

**T**

**HANKSGIVING** - Thank God for your church, your family, and people who teach you about Jesus. Thank Him because His church continues to bring hope and love to the world.

.....

.....

.....





# HEALING

## LET'S READ

Encircle the words: sick, well, pick up, walk, Sabbath

### JOHN 5:2-15 ICB

<sup>2</sup> In Jerusalem there is a pool with five covered porches. In the Jewish language it is called Bethzatha. This pool is near the Sheep Gate. <sup>3</sup> Many sick people were lying on the porches beside the pool. Some were blind, some were crippled, and some were paralyzed [and they waited for the water to move. <sup>4</sup> Sometimes an angel of the Lord came down to the pool and stirred up the water. After the angel did this, the first person to go into the pool was healed from any sickness he had]. <sup>5</sup> There was a man lying there who had been sick for 38 years. <sup>6</sup> Jesus saw the man and knew that he had been sick for a very long time. So Jesus asked him, “Do you want to be well?”

<sup>7</sup> The sick man answered, “Sir, there is no one to help me get into the pool when the water starts moving. I try to be the first one into the water. But when I try, someone else always goes in before I can.” <sup>8</sup> Then Jesus said, “Stand up. Pick up your mat and walk.” <sup>9</sup> And immediately the man was well. He picked up his mat and began to walk. The day all this happened was a Sabbath day. <sup>10</sup> So the Jews said to the man who had been healed, “Today is the Sabbath. It is against our law for you to carry your mat on the Sabbath day.”

<sup>11</sup> But he answered, “The man who made me well told me, ‘Pick up your mat and walk.’”

<sup>12</sup> Then they asked him, “Who is the man who told you to pick up your mat and walk?”

<sup>13</sup> But the man who had been healed did not know who it was. There were many people in that place, and Jesus had left.

<sup>14</sup> Later, Jesus found the man at the Temple. Jesus said to him, “See, you are well now. But stop sinning or something worse may happen to you!”

<sup>15</sup> Then the man left and went back to the Jews. He told them that Jesus was the one who had made him well.



DAY 3



LET'S THINK

Who did Jesus meet at the pool?

How long had the man been sick?

What did Jesus ask the man?

What happened when the man obeyed Jesus?

Draw or write about someone you want God to heal.

Write one thing you are thankful for about your body or health.

Complete the sentence:

**Jesus cares about**

-----

How can you show kindness to someone who is hurting?

## LET'S ACT

### FAMILY ACTIVITY

#### Thankful Body Game

Take turns naming parts of the body and thank God for how He made us.

### APPLICATION

Write “**I WILL**” **APPLICATION STATEMENTS** that you plan to do as a result of what you've learned from God's Word. These statements must be specific actions with a set timeframe.

Example:

With God's help, I will show my love to [cite a person's name] every week by [cite an action].

**With God's help,**

.....

.....

.....

.....



## PRAYER POINTS FOR HEALING

- Pray for people who are sick to experience God's healing.
- Pray for children who are lonely, afraid, or hurting.
- Pray for doctors, nurses, and caregivers.
- Pray for people to trust Jesus when they are weak.
- Pray for healing in families and friendships.
- Pray for people who feel forgotten or alone.
- Pray for hearts to forgive others.
- Pray for strength and peace for those facing hard times.
- Pray for people to know Jesus as their Savior and Healer.
- Thank God because He loves, cares for, and helps us.

## MY PRAYER

**C** **ONFESSION** - Tell God you are sorry for sins that hurt your relationship with Him and others. Confess any anger, disobedience, unforgiveness, or wrong attitudes in your heart.

.....

.....

.....

**A** **DORATION** - Praise God Jesus because He is loving, powerful, kind, and our Healer. Worship Him because He cares for people who are weak, sick, and hurting.

.....

.....

.....

**S** **UPPLICATION** - Pray for people who need healing in their body, heart, or mind. Ask Jesus to bring comfort, strength, peace, and salvation.

.....

.....

.....

**T** **HANKSGIVING** - Thank God because He listens to our prayers and cares for us. Thank Him for His love, healing, help, and presence in our lives.

.....

.....





# PERSONAL BREAKTHROUGH



DAY 4

## LET'S READ

Draw hearts on the words: heal, king, God, clean, Lord

### 2 KINGS 5:1-19A ICB

<sup>1</sup> Naaman was commander of the army of the king of Aram. He was a great man to his master. He had much honor because the Lord had used him to give victory to Aram. He was a mighty and brave man. But he had a harmful skin disease. <sup>2</sup> The Arameans had gone out to steal from the Israelites. And they had taken a little girl as a captive from Israel. This little girl served Naaman's wife. <sup>3</sup> She said to her mistress, "I wish that my master would meet the prophet who lives in Samaria. He would heal Naaman of his disease." <sup>4</sup> Naaman went to the king. He told him what the girl from Israel had said. <sup>5</sup> The king of Aram said, "Go now. And I will send a letter to the king of Israel." So Naaman left and took about 750 pounds of silver. He also took about 150 pounds of gold and ten changes of clothes with him. <sup>6</sup> He brought the letter to the king of Israel. It read, "I am sending my servant Naaman to you. I'm sending him so you can heal him of his skin disease."

<sup>7</sup> The king of Israel read the letter. Then he tore his clothes to show how upset he was. He said, "I'm not God! I can't kill and make alive again! Why does this man send someone with a harmful skin disease for me to heal? You can see that the king of Aram is trying to start trouble with me!"

<sup>8</sup> Elisha, the man of God, heard that the king of Israel had torn his clothes. So he sent a message to the king. It said, "Why have you become so upset that you tore your clothes? Let Naaman come to me. Then he will know there is a prophet in Israel!" <sup>9</sup> So Naaman went with his horses and chariots to Elisha's house. And he stood outside the door.

<sup>10</sup> Elisha sent a messenger to Naaman. The messenger said, “Go and wash in the Jordan River seven times. Then your skin will be healed, and you will be clean.”

<sup>11</sup> Naaman became angry and left. He said, “I thought Elisha would surely come out and stand before me. I thought he would call on the name of the Lord his God. I thought he would wave his hand over the place and heal the disease! <sup>12</sup> Abana and Pharpar, the rivers of Damascus, are better than all the waters of Israel! Why can’t I wash in them and become clean?” So Naaman went away very angry.

<sup>13</sup> But Naaman’s servants came near and talked to him. They said, “My father, if the prophet had told you to do some great thing, wouldn’t you have done it? Doesn’t it make more sense just to do it? After all, he only told you, ‘Wash, and you will be clean.’” <sup>14</sup> So Naaman went down and dipped in the Jordan seven times. He did just as Elisha had said. Then Naaman’s skin became new again. It was like the skin of a little boy. And Naaman was clean!

<sup>15</sup> Naaman and all his group came back to Elisha. He stood before Elisha and said, “Look. I now know there is no God in all the earth except in Israel! Now please accept a gift from me.”

<sup>16</sup> But Elisha said, “I serve the Lord. As surely as the Lord lives, I won’t accept anything.” Naaman urged him to take the gift, but he refused.

<sup>17</sup> Then Naaman said, “If you won’t take the gift, then please give me some dirt. Give me as much as two of my mules can carry. From now on I’ll not offer any burnt offering or sacrifice to any other gods. I’ll only offer sacrifices to the Lord. <sup>18</sup> But let the Lord pardon me for this: My master goes into the temple of Rimmon<sup>[a]</sup> to worship. When he goes, he will lean on my arm. Then I must bow in that temple. May the Lord pardon me when I do that.”

<sup>19</sup> Elisha said to him, “Go in peace.” Naaman left Elisha and went a short way.

LET'S THINK

Who was Naaman and what problem did he have?

Who told Naaman about God's prophet?

What did Elisha tell Naaman to do?

How did Naaman feel at first?

What happened when Naaman obeyed God's instruction?

Write one way God has helped you before.

Write or draw one thing you want God to help you with.

Complete the sentence:

**I can trust  
God when**

-----

Is there something hard that God wants you to obey?

How can you show humility and trust in God?

## LET'S ACT

### FAMILY ACTIVITY

#### God Helps Me Journal

As a family, write or draw ways God answered prayers and helped you before.

### APPLICATION

Write “**I WILL**” **APPLICATION STATEMENTS** that you plan to do as a result of what you've learned from God's Word. These statements must be specific actions with a set timeframe.

Example:

With God's help, I will show my love to [cite a person's name] every week by [cite an action].

**With God's help,**

.....

.....

.....

.....



## PRAYER POINTS FOR PERSONAL BREAKTHROUGH

- Pray for hearts that obey God quickly.
- Pray for humility to listen to God's instructions.
- Pray for courage to trust God in hard situations.
- Pray for personal breakthrough in struggles and challenges.
- Pray for freedom from fear, anger, and wrong attitudes.
- Pray for stronger faith in God's promises.
- Pray for healing and restoration in families.
- Pray for wisdom to make good choices.
- Pray for people to know and follow the one true God.

## MY PRAYER

**C** **ONFESSION** - Tell God you are sorry for times you disobeyed, complained, became prideful, or did not trust Him. Ask Him to help you obey with a humble heart.

.....

.....

.....

**A** **DORATION** - Praise God for who He is. Praise God because He is powerful, faithful, wise, and good. Worship Him because He helps and restores people who trust Him.

.....

.....

.....

**S** **UPLICATION** - Pray for God's help in your struggles, fears, and challenges. Ask Him to give you strength, courage, wisdom, and faith to obey Him.

.....

.....

.....

**T** **HANKSGIVING** - Thank God because He is always with you and never stops loving you. Thank God because He helps, restores, and changes us. Thank Him for hearing your prayers and helping you grow stronger in Him.

.....

.....



# HOW DID OUR BIG GOD

ANSWER YOUR PRAYERS?

Share your prayers and how God has answered them by scanning the QR code or visiting our Padlet board.



[https://padlet.com/ccfnxtgen/  
/IntercedeKids2026](https://padlet.com/ccfnxtgen/IntercedeKids2026)

**NXTGEN**

FAMILY RESOURCES

# SCAN & GROW TOGETHER AT HOME

- Kids' Weekly Journals
- Weekly Parent's Guide
- NXTGEN Dgroup Sign-Up
- Adults' Dgroup Sign-up
- NXTGEN Viber Community Link
- NXTGEN Spotify
- Contact Us



[linktr.ee/NXTGENFamilyResources](https://linktr.ee/NXTGENFamilyResources)

# REGISTER YOUR FAMILY DGROUP



[https://across.ccf.org.ph/  
register-your-family/](https://across.ccf.org.ph/register-your-family/)



## **NXTGEN CHILDREN'S MINISTRY**

Christ's Commission Fellowship  
Ortigas East, Ortigas Avenue  
cor. C5 Road, Pasig City 1604  
[nxtgen@ccf.org.ph](mailto:nxtgen@ccf.org.ph) | [@ccfnxtgen](https://www.instagram.com/ccfnxtgen)

Scripture taken from the International Children's Bible.  
Copyright © 1986, 1988, 1999 by Thomas Nelson.  
Used by permission. All rights reserved.

