

# Bless the Lord Always!

LAST WEEK'S MESSAGE

Psalm 103 was written by King David in his later years when he was preparing to pass the throne to his son, Solomon. Having lived through his fair share of experiences – battles, personal failures, moments of triumph, and more – David's central message in this psalm is simple but powerful: “Bless the Lord, always!” But what does it look like to constantly bless the Lord? David shows us three ways to do this.

## Inward: Recall What God Has Done (vv. 1-5)

To “bless” the Lord means to focus on Him fully, worshipping with our whole heart and soul. David begins the psalm by recalling God's goodness to him. God forgave his sins (even his adultery and murder), healed him, and showed compassion to him. We too are called to remember God's work in our lives. David likely even remembered praying for his dying infant son, and even in grief, he worshiped God, trusting in eternity (2 Samuel 12:20-23). Corrie Ten Boom, a Holocaust survivor, exemplified this mindset. She chose to remember God's blessings even in prison and later forgave her abuser. Like her and David, we are called to reflect on God's goodness amid hardship.

## Upward: Reflect On Who God Is (vv. 6-19)

Are we more focused on our problems than on God's character? David reminds us that even if our situations don't change, worship is more than capable of shifting our perspective. God is just, merciful, and full of “hesed” - His loyal, covenant love. David describes God's love to be as vast as the heavens and His forgiveness as far-reaching as the east is from the west. God is compassionate and understanding, despite our weaknesses. He knows our fragility and rules overall. His mercy, justice, and compassion all point back to His steadfast love, which He ultimately shows us through Jesus Christ (Romans 5:8).

## Outward: Radiate Worship (vv. 20-22)

David ends his psalm by calling all creation to worship. When we recall what God has done and who He is, outward worship naturally follows. When was the last time you shared Jesus with a friend, family member, or even just online? Do others see God through you, your life, and your choices? God's ultimate desire is for all creation to worship Him (Revelation 5:13). One day, every knee will bow, so why not start now? So great is His lovingkindness; bless the Lord, always!

## last week's memory verse

Bless the Lord, O my soul, and all that is within me, bless His holy name. ... For as high as the heavens are above the earth, so great is His lovingkindness toward those who fear Him.

PSALM 103:1,11

## discuss this message

- What do you need to “remember” that God has done for you?
- What attributes of God do you need to focus on?
- Does your worship radiate outward and impact others?

WATCH THE CONCISE  
VERSION OF THIS MESSAGE:

<https://go.ccf.org.ph/RunThrough>

DOWNLOAD THIS SUNDAY'S  
4WS EVERY MONDAY!

[ccf.org.ph/4ws/](https://go.ccf.org.ph/4ws/)

# Are you sure of your life choices?

Let's talk about it. See you at the Welcome Center!

## step into community

Fellowship and learn together with people like you!

### WOMEN2WOMEN ALL WOMEN

#### Radiance: Life Lived with a Clear Conscience

with Nina Aboganda

May 29, Thursday, 10:00 AM, MPH

CONNECT WITH THEM ONLINE

  ccfwomen2women  
 CCFWomen2WomenMinistry

### B1G MINISTRY SINGLES

#### Special Session: "Selah"

May 30, Friday, 7:30 PM, MPH

CONNECT WITH THEM ONLINE

   B1GMinistry

### NXTGEN KIDS FROM 4-12 YEARS OLD

#### Psalm 120-134: Up We Go! Worship Playlist

Sundays, 9:00 AM, 12:00 NN, 3:00 PM  
G/F CCF Center (ages 4-12)

BIBLE LESSON PREMIERE: for ages 4-12  
9:00 AM at   ccfnxtgen

ZOOM: for ages 7-12; 11:00 AM and 2:00 PM  
message us on Facebook to sign-up

RESOURCES:

<https://linktr.ee/NXTGENFamilyResources>

## step up and volunteer

No better way to serve God than to serve His people!

#### Is God calling you to serve?

Volunteer with us!



Register at [go.ccf.org.ph/  
VolunteerSignUp](https://go.ccf.org.ph/VolunteerSignUp)  
or scan the QR code

## learn more about our faith

#### Be GLC-Equipped in your Discipleship Journey!

GLC LEVEL 1, 2, 3

Be a Disciple, Discipler, and a Multiplier

Starting in June 2025

#### Can't attend GLC F2F or GLC Zoom?

Use the E-Learning format  
or do GLC in your DGroups!

BE PART OF GLC CLASSES AND  
EVENTS: [linktr.ee/ccfglc](https://linktr.ee/ccfglc)

## save the date

Take note of future events you might want to join!



June 5 to 7  
CCF Center

PHP800 for commitment card holders  
PHP1,000 for regular tickets  
Get tickets at any CCF Satellite  
or online at [moveconference.org.ph](https://moveconference.org.ph)

#### Jeremy Camp: Live at the CCF Center

June 20 and 21, 7:00 PM, Main Hall

TICKET PRICE: PHP300

each ticket helps Uplift Cares provide  
educational help to those in need

Get tickets at [ticketmax.ph](https://ticketmax.ph)

YOU BEING HERE IS NO ACCIDENT!

God brought you here  
for His purpose.

#### God loves you.

He desires for you to have a meaningful  
life with Him in the present and gain  
eternal life with Him in the future.

*Know therefore that the Lord your God,  
He is God, the faithful God, who **keeps  
His covenant and His lovingkindness** to  
a thousandth generation with those who  
love Him and keep His commandments  
– Deuteronomy 7:9*

#### God is holy.

We are sinful, and our sin separates us  
from Him.

*Everyone has sinned and is far away from  
God's saving presence. – Romans 3:23*

#### God is merciful.

In His love, He made the only way for  
us to be reconciled to Him: through His  
son, Jesus Christ. Jesus had to die on the  
cross for our sins and be raised to life for  
eternity.

*But God demonstrates His own love  
toward us, in that while we were yet  
sinners, Christ died for us. Much more  
then, having now been justified by His  
blood, we shall be saved from the wrath of  
God through Him. – Romans 5:8*

*I am the way, and the truth, and the life;  
no one comes to the Father but through  
Me. – John 14:6*

#### God is gracious.

By placing our faith in Jesus Christ, we  
are forgiven of our sins and saved from  
eternal death.

*For God so loved the world, that He gave  
His only begotten Son, that whoever  
believes in Him shall not perish, but have  
eternal life. – John 3:16*

*For by grace you have been saved through  
faith; and that not of yourselves, it is the gift  
of God; not as a result of works, so that no  
one may boast. – Ephesians 2:8-9*

#### Would you like to place your faith in Jesus Christ today?

Lord Jesus, I need You. I confess that I  
am a sinner. I believe that You died on  
the cross to pay for all my sins. With Your  
help, I will turn away from my sins. Please  
come into my life and be my Savior and  
my Master. I accept Your gift of eternal  
life. Make me the kind of new person You  
want me to be. Thank You for giving me  
eternal life. Amen.

#### God keeps His promises.

You can be sure that you have eternal life  
when you trust in Jesus.

*And the testimony is this, that God has  
given us eternal life, and this life is in His  
Son. He who has the Son has the life; he  
who does not have the Son of God does  
not have the life. These things I have  
written to you who believe in the name of  
the Son of God, so that you may know that  
you have eternal life. – 1 John 5:11-13*



### Services at the CCF Center

#### Saturdays

4:00 PM  
6:30 PM

#### Sundays

9:00 AM, 12:00 NN  
3:00 PM, 6:00 PM

#### Sunday Livestreams

 [ccf.org.ph](https://ccf.org.ph)  [ccfmain](https://ccfmain)  [ccfmainTV](https://ccfmainTV)  
starts 30 minutes before each service

Visit [ccf.org.ph/live/broadcast-channels/](https://ccf.org.ph/live/broadcast-channels/) for TV and radio airing schedules.  
Go to [ccf.org.ph/chronicle/](https://ccf.org.ph/chronicle/) to download this Chronicle.