

LAST WEEK'S MESSAGE:

Work with Joy

The pandemic has brought about drastic changes and challenges in our daily lives especially when it comes to work. We shifted from working in offices to setting up our offices at home, leaving many of us feeling overworked, stressed, anxious, and depressed. How can we have joy in our work? Let's look at these four learnings from the book of Ecclesiastes, chapter 5.

BE A JOY-GIVER

King Solomon had a good track record in terms of work accomplishments. Compared to his other writings, the book of Ecclesiastes carries a somber tone as he shares how everything in life is vain and meaningless despite achieving many things in his own life. But in Ecclesiastes 5:18-20 he takes a step back and mentions that it is good for us to "enjoy work". He is saying that even through the challenges and trials, we can enjoy work as we continue to put our trust in God (Psalm 34:8). Let's ask ourselves, "How can I restore joy in my circumstance?" and "How can I give joy to others and be a blessing?" The reality is if we are not happy where we are now, how can we be sure that we'll be happy where we plan to go? Instead of looking for greener grass, let us make our grass greener!

RESTORE WITH GRATITUDE

We can restore joy at work by cultivating an attitude of gratitude and contentment. Contentment is a spirit of gratefulness. To be content is to be joyful even with everything God has given us, including our limitations. We can enjoy the boundaries of our limits and thrive where we are. The biblical truth we can embrace is that we are all uniquely blessed with talents and giftings, and with that we can say "we can be what God wants us to be" (1 Corinthians 15:9-10).

last week's memory verse

... To enjoy your work and accept your lot in life — this is indeed a gift from God.

ECCLESIASTES 5:19

ENJOY WORK AS GOD'S GIFT

Solomon says in Ecclesiastes 5:19 that work is a "gift from God". God is the One who blesses us with work, and as we assess ourselves in the areas of gratitude and contentment, we are also to remember that work is God's gift. This entails that as we enjoy the work we do, we are to guard ourselves from making work an idol. We need to evaluate ourselves and be careful that maybe one of the reasons why we're stressed is because we have put our work on a pedestal, leading us to lead an imbalanced life.

PRESS ON

The Bible tells us to stop dwelling on the past and instead press on to what God has put before us today. In pressing on, we must learn to follow the principle of "motion before emotion". This means that we do the right things because they are the right things as God has told us, in order that the joy might follow. Our work will not provide us with joy until we find our joy from our ever-present help and the ultimate source of joy – GOD Himself!

discussion questions

Do you find joy in your work? Why or why not?

Does your attitude towards work reflect or demonstrate your identity as a follower of Jesus?

What simple step can you take this week to better work with joy?

Download this Chronicle
online!

ccf.org.ph/chronicle/

Download **this Sunday's** 4Ws Small Groups Guide
and 4Ws Go Viral Edition **every Monday!**

ccf.org.ph/4ws/

Take Note

LEARN. ATTEND.
GET INVOLVED.

GLC

Think Discipleship:

GLC Apologetics Program

WEBINAR SERIES, OPEN TO ALL LEADERS
Connecting with the World Around
Us: A Conversation on Worldviews
with Ptr. Jim Wheelchel & Judah Paolo
May 10, Tuesday, 7:30 PM

Register at

go.ccf.org.ph/ThinkDiscipleship

Face-to-Face Sunday Classes

starts May 22, 1:00 PM

GLC 1 Essentials

Book 1: One by One

Book 2: Spiritual Disciplines

Register at bit.ly/GLC1SundayClass

Go Viral Basics

Register at bit.ly/GoViralSundayClass

Take your GLC Trainings through Small Groups or GLC Online

GLC Online:

Your 24/7 Discipleship Training

Visit glc.ccf.org.ph/online

for more details.

GLC in Small Groups

Visit bit.ly/GLCinsmallgroups

for more details.

Beyond

Pray Beyond Borders

OPEN TO ALL

May 7, Saturday, 9:00 AM

Visit bit.ly/praybeyondborders

to register, or the booth at the
2/F lobby to learn more

 [beyondccf](https://www.facebook.com/beyondccf)

 ccf.org.ph/beyond

Women2Women

ALL WOMEN

Heart Work: LIFEstyle Evangelism

May 5, Thursday, 10:00 AM

 [ccfwomen2women](https://www.facebook.com/ccfwomen2women)

 [CCFWomen2WomenMinistry](https://www.youtube.com/CCFWomen2WomenMinistry)

B1G Ministry



SINGLES

Back On-Sight:

Witnessing in Our Workplaces

May 6, Friday

7:30 PM, Multi-Purpose Hall

ALSO STREAMED LIVE ONLINE

 [B1GMinistry](https://www.facebook.com/B1GMinistry)

 [beonewithgod](https://www.instagram.com/beonewithgod)

Elevate



HIGH SCHOOL AND COLLEGE

Youth Service

May 7, Saturday

3:00 PM, Multi-Purpose Hall

ALSO STREAMED LIVE ONLINE

 [ElevateMain](https://www.facebook.com/ElevateMain)

 [ElevateMainTV](https://www.youtube.com/ElevateMainTV)

NXTGEN



OPEN TO KIDS FROM 4-12 YEARS OLD

Kids' Church

10:00 AM and 3:00 PM

G/F North Wing, CCF Center

ALSO STREAMED LIVE ONLINE

 [ccfnxtgen](https://www.facebook.com/ccfnxtgen) for ages 4-12

zoom for ages 7-12

Bible Lesson Videos

Sundays, 5:00 PM

  [ccfnxtgen](https://www.facebook.com/ccfnxtgen)

Retreats

B1G True Life Retreat

OPEN TO ALL SINGLES, 20-45 YEARS OLD

June 10-12, Mt. Makiling Re-creation Center

Register at bit.ly/BTLR2022BestWeekendEver or visit the booth
on Fridays (7:30 - 10:00 PM) and Sundays (10:00 AM - 5:00 PM)

join us on Sundays

AT CCF CENTER

10:00 AM (English), 3:00 PM (Filipino)

ONLINE

10:00 AM, 12:00 NN (English)

3:00 PM, 6:00 PM (Filipino)

 ccf.org.ph

 [ccfmain](https://www.facebook.com/ccfmain)

 [ccfmainTV](https://www.youtube.com/ccfmainTV)

join us on tv and radio

Visit ccf.org.ph/live/broadcast-channels/ for
the list of broadcast TV channels and radio stations.

LOOKING FOR ANSWERS? THINK YOUR
VISIT IS A COINCIDENCE? YOUR BEING
HERE TODAY IS NO ACCIDENT!

God brought you here for His purpose.

1 God loves you.

He desires for you to have a
meaningful life with Him in the
present and gain eternal life with
Him in the future.

*Know therefore that the Lord your God,
He is God, the faithful God, who keeps
His covenant and His lovingkindness to
a thousandth generation with those who
love Him and keep His commandments
—Deuteronomy 7:9*

2 God is holy.

We are sinful, and our sin
separates us from Him.

*Everyone has sinned and is far away
from God's saving presence.
— Romans 3:23*

3 God is merciful.

In His love, He made the only
way for us to be reconciled to
Him: through His son, Jesus
Christ. Jesus had to die on the
cross for our sins and be raised
to life for eternity.

*But God demonstrates His own love
toward us, in that while we were yet
sinners, Christ died for us. Much more
then, having now been justified by
His blood, we shall be saved from the
wrath of God through Him.
— Romans 5:8*

*I am the way, and the truth, and the life;
no one comes to the Father but through
Me. — John 14:6*

4 God is gracious.

By placing our faith in Jesus
Christ, we are forgiven of our sins
and saved from eternal death.

*For God so loved the world, that He
gave His only begotten Son, that
whoever believes in Him shall not
perish, but have eternal life. — John 3:16*

*For by grace you have been saved
through faith; and that not of
yourselves, it is the gift of God; not as
a result of works, so that no one may
boast. — Ephesians 2:8-9*

5 God keeps His promises.

You can be sure that you have
eternal life when you trust in
Jesus.

*And the testimony is this, that God has
given us eternal life, and this life is in His
Son. He who has the Son has the life; he
who does not have the Son of God does
not have the life. These things I have
written to you who believe in the name
of the Son of God, so that you may know
that you have eternal life. 1 John 5:11-13*