

LIVING HOPE OVERCOMES FEAR

FEAR seems to be the most prevalent emotion today, especially during this time of lockdown and pandemic: fear of losing your job, fear of what will happen to your loved ones, fear for health and of dying. Is there a way to overcome fear?

In 1 Peter 3:13-14, Peter gives a command not to be fearful and troubled — a quote from the book of Isaiah. It says that if we do what God wants us to do, we have no reason to fear! There are 3 important qualities we can learn from 1 Peter 3:13-22 to overcome fear:

1 Christ-centered

1 Peter 3:15 commands us to "sanctify Christ as Lord", meaning there is just one throne in our hearts, and it must be for Jesus. In Luke 6:46 Jesus asks, "why do you call Me, 'Lord, Lord' and do not do what I say?" This shows us that if we really call Him LORD and sanctify Him as such in our lives, there has got to be a clear intention to follow and obey Him through and through. We must be able to explain our faith, with gentleness and respect. Jesus is either Lord of all or He is not Lord at all. The question is this: have you surrendered everything to Him? Is Jesus Lord over all the areas of your life?

2 Clear conscience

Peter reminds his readers in 1 Peter 3:16-17 to keep on maintaining a GOOD CONSCIENCE. To neglect our conscience is to experience spiritual shipwreck. When our conscience bothers us, we know we must do something to live at peace. A clear conscience will help us overcome fear as well. Hebrews 9:14 reminds us to cleanse our conscience through the Spirit and Word of God. How can we make sure we have a clear conscience? We must calibrate it by God's Word and God's Spirit. We cannot just depend on conscience — it must align with what the Bible says, and the conviction given to us by the Holy Spirit. Clear conscience does not mean absolute perfection. But when our conscience is bothered, we need to pause, confess our sins, and ask for forgiveness.

this week's memory verse

but if anyone suffers as a Christian, he is not to be ashamed, but is to glorify God in this name.

1 PETER 4:16

3 Confident in Christ

It is one thing to believe in Jesus, but it is another thing to be confident in what He has done for us. 1 Peter 3:18-22 highlights the victory of Jesus Christ. Because He paid the penalty of our sins by dying in our place — we get to be presented to God as holy, made pure, our sins being paid for and forgiven, washed by the worthy blood of the Lamb. Through His resurrection, Jesus is a picture of a triumphant victor assuring our salvation! When we are in Christ, we have secured victory. Peter cited Noah as an example of living faith and confidence in God. When God decided to destroy the earth, He asked Noah to build an ark to save his family and Noah believed and obeyed. Noah invested 100 years of faithful obedience by building and preaching about God's coming judgment, all because of his confidence in God's command and promises.

Matthew 24:37-39 tells us that one day Jesus will come again, and judgment will surely happen. The question is: are you in the Ark? Jesus is the Ark of our salvation – He is our blessed hope (Titus 2:13). Let us make Christ the center or our lives!

discussion questions

How can we be fearless in witnessing for Jesus despite the possibility of being shamed and ridiculed?

How do we keep conversations centered on Christ without getting into debates?

How can we keep our conscience clear?

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