# YIHER К

#### LEARN TO PRAY BASED ON BIBLICAL PRAYERS

PSALM 22:14

#### 1 am poured out like water. and all my bones are out of joint; ny heart is like way;

it is melted within my breast 16 For dogs encompass me;

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23

- a company of evildoers encircles me.
- they stare and gloat over methey divide my garments among them, and for my clothing they cast lots.
- 19 But you, O Loan, do not be far off O you my help, come quickly to my
- aid! 20 Deliver my soul from the sword. my precious life from the power of
- the dog! Save me from the mouth of the lion!
- the wild over !
- I will tell of your name to my brothers; in the midst of the congregation I will
- You who fear the LORD, praise him! All you offspring of Jacob, glorify him, and stand in awe of him, all you
- offspring of Israel! For he has not despised or abhorred the affliction of the afflicted,
- and he has not hidden his face from him. but has heard, when he cried to him.
- 28 From you comes my praise in the great congregation; my vows I will perform before those
- who fear him. 26 The afflicted' shall eat and be satisfied:
- Losp! May your hearts live forever!
- 27 All the ends of the earth shall remember and turn to the Long.
- and all the families of the nations shall worship before you. For kingship belongs to the Long.
- and he rules over the nations.
- » All the prosperous of the earth cat and
- some Hebse minuscrips, Septanjet, Nulgas, Sylac, most Hebse manuscrips. Bir a lion they am at my hand and ten? Hebse assemble? (O 1 Hebsen beide water of east "Or in right patts "Or the value of deep darkers." "Or Only "Ox assattat taxe. "Or shall man to deal" "Income to in it." "Or most an advection of east."

te will receive blessing from the LORD " For y before him shall bow all who go even the one who could not keep his salvanion. himself alive sch is the generation of those who Postcrity shall serve him: it shall be told of the Lord to the who seek the face of the God of coming generation: they shall come and proclaim his Jacob.<sup>1</sup> righteousness to a people yet unborn that he has done it. The Loso is My Shepherd

A PARM OF DAM. The LORD is my shepherd; I shall not want. He makes me lie down in green

pastures. He leads me beside still waters '

He leads me in paths of righteousne for his name's sake.

Even though I walk through the valley 2 To you, O Long, 1 hit up my soul. 10my God in you I must; ht menor be put to shame; bate me.

I will fear no evil.

LOID

is false

forever.30

The King of Glory

- wantonly treacherous. Mike me to know your ways, O Lond
- tach ne your pubs. tach ne nyour truth and teach me, to you are the God of my salvation; and I shall dwell? in the house of the
- and does not swear deceitfully
- 24 A PSupr or Dwn. The earth is the Long's and the fullness thereof,11 remember me, for the sake of your goodness, 0 Loup! the world and those who dwell there 2 for he has founded it upon the scas
- Who shall ascend the hill of the LORD And who shall stand in his holy pl He who has clean hands and a pure
- heart. who does not lift up his soul to what

in up your heads, O gates! Ind by lifed up, O ancient doors, that the King of glory may come in. Who is the King of glory? The Louo, strong and mighty, the Louo, strong and mighty. the loss mights in battle!

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Selah

12 Who is 1

1) His soul shall

14 The friendship' o

net.

who fear him.

15 My eyes are ever toward the Loro.

14 Turn to me and be gracious to me

for I am lonely and afflicted.

" The troubles of my heart are enlarged;

bring me out of my distresses. Gonsider my affliction and my trouble.

hate me. 20 Oh, gaard my soul, and deliver me!

take refuge in you.

22 Redeem Israel, O God.

I Will Blerr the Loro

26 Or Daves

out of all his troubles.

2 Prove me, O Losp, and try me.

test my heart and my mind.4 For your steadfast live is before my eyes, and I walk in your faithfulness.

· I do not sit with men of filschood,

5 I hate the assembly of evideors.

nor do I consort with hypocrites.

and with what violent hatred they

for I have walked in my integrity, and I have trusted in the Loso without wavering

PSALM 26:7

and his offspring shall inherit the land.

- ftup your heads, O gates
- Who is this King of glory? The LOUD of hosts.
- he is the King of glory! A Me Your Paths
- "C O Dep

- put to shame; hoy shall be ashamed who are <sup>5</sup> You prepare a table before me
- in the presence of my enemies, you anoint my head with oil;
- My cup overflows.
  Surchy' goodness and mercy' shall follow me all the days of my life.
  - - Immber your mercy, O Long, and your steadfast love, for they have been from of old.
    - - femember not the sins of my youth or my transgressions, according to your steadflast love

    - and and upright is the LORD; threfore he instructs sinners in the class the humble in what is right.
- and eaches the humble in which is right, and eaches the humble his way. If the paths of the Louis are steadfast by and furtheliness, human human has been been and a and I will not sit with the wicked. for those who keep his covenant and
  - and telling all your wondrous deeds.

### NTERCEDE

#### CCF PRAYER & FASTING 2020

#### **JANUARY 6 - 11, 2020**

MESSAGE FROM THE SENIOR PASTOR

Dear brothers and sisters in Christ,

It is a great privilege for us to devote the first week of every year to gather as a group to fast and pray. The twin spiritual disciplines of prayer and fasting allow us to experience God's loving presence in such a way that may well impact our spiritual journey throughout the year.

I am hopeful that, at the end of this spiritual activity, we will emerge not just as prayerful persons but as men and women of prayer. And collectively, CCF will indeed become a house of prayer.

God be with us all!

Your fellow servant in Christ,

Dr. Peter Tan-Chi SENIOR PASTOR

#### Guide

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Thank you for joining I N T E R C E D E ! Christ's Commission Fellowship's bi-annual prayer and fasting week are held every start and middle of the year for us to express our dependence on God and recalibrate ourselves to His will. As we fast and pray, study and apply His Word, and gather together from Monday to Saturday for corporate worship and prayer, let us confidently bring our needs to Him, the God who is the same yesterday, today, and forever (Hebrews 13:8).

GUIDE

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To help us prepare for the prayer and fasting week here are some answers to common questions and some practical tips.

### WHAT IS PRAYER?

Prayer is conversing and communing with God and listening to Him for the purpose of aligning our will to His. We come before God in the name of Jesus, based on His Word (the Bible), and guided by His Holy Spirit. When we pray, we worship Him, pour our hearts out in thanksgiving to Him as our Heavenly Father, bring to Him our needs and the needs of others, and ask that His Kingdom come and His will be done in our lives (Matthew 6:9-13; 1 John 5:14-15; John 16:23-24; Jude 20).

### WHAT IS FASTING?

Fasting is the voluntary abstinence from food for a specified duration of time to express remorse and repentance from sin, to earnestly seek God's will, or to be more intimate with God as we spend extended time in reading His Word and in prayer. Foregoing something essential such as food, gives us an opportunity to express how sincere and determined we are in aligning ourselves with God's heart by humbly seeking His answers to our questions, praying for His provisions for our needs, and asking for spiritual breakthroughs.

While modern-day Christians may also fast (abstain) from other things like entertainment, sports, and social media, abstaining from food is the typical expression of fasting in the Bible because we can survive our entire lives without many things but we cannot go on forever without food. Meaning, we have chosen God and His pleasure more than what sustains our physical life (Nehemiah 1:4, 9:1; Esther 4:3; Daniel 9:3; Joel 2:12; Matthew 6:16-18; Acts 13:2; Isaiah 58).

# WHY WE SHOULD FAST GOD EXPECTS US TO FAST.

Whenever you fast, do not put on a gloomy face as the hypocrites do, for they neglect their appearance so that they will be noticed by men when they are fasting. Truly I say to you, they have their reward in full. But you, when you fast, anoint your head and wash your face. – Matthew 6:16-17

Jesus said "<u>When</u> you fast", not "<u>If</u> you fast." This means that fasting, like prayer, is not an option. Fasting is part of the Christian life.

#### JESUS FASTED.

And after He had fasted forty days and forty nights, He then became hungry. – Matthew 4:2

Before Jesus' ministry, He fasted for forty days. He knew He needed spiritual strength to fulfill His purpose. Fasting makes us physically weak but spiritually stronger and more prepared to do God's work.

#### THE EARLY CHURCH FASTED.

Then, when they had fasted and prayed and laid their hands on them, they sent them away. – Acts 13:3 (see also Acts 14:23)

The Church fasted for Saul (Paul) and Barnabas. Later, Paul and Barnabas appointed leaders in various churches, fasting and praying before commending these leaders to the Lord.

#### FASTING DEMONSTRATES HUMILITY BEFORE GOD.

But as for me, when they were sick, my clothing was sackcloth; I humbled my soul with fasting; and my prayer kept returning to my bosom. – Psalm 35:13 (See also 1 Kings 21:27-29; Ezra 8:21)

Humility lets us experience God's grace. When we humble ourselves in prayer and turn from our wicked ways, God promises to hear us and answer us according to His perfect will.

#### FASTING MAKES US SENSITIVE TO THE LEADING OF THE HOLY SPIRIT.

Jesus, full of the Holy Spirit, returned from the Jordan and was led around by the Spirit in the wilderness for forty days, being tempted by the devil. And He ate nothing during those days, and when they had ended, He became hungry. – Luke 4:1-2 (See also Acts 13:2, Matthew 17:21, Mark 9:29)

We are prone to forget our priorities. Fasting is a visible reminder that God takes precedence over all our needs. Fasting lifts up matters at hand to God who is able to do awesome works that will bring Him great glory.

#### FASTING BRINGS ABOUT PERSONAL AND NATIONAL SPIRITUAL REVIVAL.

And My people who are called by My name humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from heaven, will forgive their sin and will heal their land. – 2 Chronicles 7:14

So I gave my attention to the Lord God to seek Him by prayer and supplications, with fasting, sackcloth, and ashes. – Daniel 9:3

Fasting prompts revival to an individual and to the country. It brings forth a stirring that will heal, change, and prepare us for greater things in God's kingdom.

#### FASTING IS GOOD FOR OUR HEALTH.

Fasting improves our physical condition. Many impurities in the body are burned up when the body is denied food, thus, clearing the mind, cleansing, and healing the body. Even people who are underweight who fast for spiritual purposes have been known to gain weight after completing their fasts. Many Bible teachers say that a three-day fast is especially beneficial for spiritual cleansing and also for breaking addictive habits.

("What Does the Bible Say About Fasting?", Christ Unlimited Ministries, www.bible.com)

## WHAT ARE THE DIFFERENT KINDS OF FASTING?

There are probably as many ways to fast as there are ways to pray, but these four ideas are a starting point.

#### 1. Normal fast

In a normal fast, a person goes without food for a predetermined amount of time. Water is allowed and necessary. Extreme care should be taken with long fasts (more than a week), especially if there are underlying medical conditions. It is wise to consult your physician if you are planning to embark on a long fast.

#### 2. Partial fast

In a partial fast, a person only eats certain kinds of food for a period of time or have just one to two meals a day. In the Bible, Daniel and John the Baptist maintained a certain diet during their fasts. The 18th Century preacher John Wesley had only bread and water for many days as his fast.

#### 3. Juice fast

This is a partial fast specifically restricted to only juices.

#### 4. Object fast

It is possible to fast from something other than food. Some decide to fast from watching television, using social media, or using the computer outside of work or school. The key is to replace the time spent on that activity with time devoted to the Lord. For married couples, this could mean abstaining from physical intimacy to focus on prayer (1 Corinthians 7:5).

### PRECAUTIONS

While there are benefits in fasting, some should not fast without professional medical supervision.

For example:

- Persons who are physically too thin
- Persons who are prone to eating disorders
- Those who suffer from weakness or anemia
- Persons who have been diagnosed with certain ailments that require continuous nutrition
- Pregnant and nursing women
- People taking prescription medication

Consult your doctor before you begin your fast. Be aware that some doctors may not have been trained in this area so their understanding about it may be limited.

### STARTING AND BREAKING YOUR FAST

It is important for you to start and end your fast gradually. Start cutting down on your food intake, especially those with caffeine (coffee, tea, softdrinks) days before you fast. More importantly, pray in advance for God to sustain you physically, mentally, and spiritually during your fast. For the first few meals after your fast, do not immediately go back to your normal food intake. Taking soft food in moderate amounts is best to allow your body to adjust and get back to its normal digestion.

# **SUGGESTIONS FOR PRAYER**

- A doration. We worship God for who He is, what He has done, and will continue to do. We focus on the greatness and goodness of God, and acknowledge Him in our lives. We express that His glory and pleasure are more important than our concerns and needs.
- **C** onfession. To confess means to acknowledge our sins before God. Sin offends God, hence we do not make excuses for or make light of it. In this time of fasting and prayer, let us ask God for the grace to continuously turn away from sin.
- **T** hanksgiving. We thank God for what He has done and will continue to do in our lives. We also thank Him in advance for how He will answer our prayers. We should always pray with an attitude of gratitude.
- **S** upplication. We humbly bring before God our requests and the requests of others. We express our dependence on God who is our strength, healer, provider, protector, comforter, guide, and friend.

# DEVOTIONS

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<u>John 17:1-3, 17-23</u> – <sup>1</sup>Jesus spoke these things; and lifting up His eyes to heaven, He said, "Father, the hour has come; glorify Your Son, that the Son may glorify You, <sup>2</sup>even as You gave Him authority over all flesh, that to all whom You have given Him, He may give eternal life. <sup>3</sup>This is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent...

<sup>17</sup>Sanctify them in the truth; Your word is truth. <sup>18</sup>As You sent Me into the world, I also have sent them into the world. <sup>19</sup>For their sakes, I sanctify Myself, that they themselves also may be sanctified in truth.

<sup>20</sup>"I do not ask on behalf of these alone, but for those also who believe in Me through their word; <sup>21</sup>that they may all be one; even as You, Father, are in Me and I in You, that they also may be in Us, so that the world may believe that You sent Me. <sup>22</sup>The glory which You have given Me I have given to them, that they may be one, just as We are one; <sup>23</sup>I in them and You in Me, that they may be perfected in unity, so that the world may know that You sent Me, and loved them, even as You have loved Me.

#### AS WE PRAY...

- Let us examine ourselves if there are brothers and sisters in Christ whom we have conflicts with. If so, let us pray and take steps towards reconciliation.
- If we know of a brother or sister in Christ who is causing division among the brethren, pray for the person and ask God how best to deal with him or her.

#### REFLECTION

One of the petitions of Jesus in His prayer for the disciples is to be united (John 17:11) and to be sanctified by God's word (verses 17, 21). Jesus knows that the unity of believers is a powerful testimony of the truth regarding God, especially about Himself (verse 21). This truth is also the reason why the Bible has many strong injunctions against divisions among believers (e.g. Titus 3:10; Romans 16:17; 1 Timothy 6:3-5; 1 Corinthians 1:10).

Are we at peace with our fellow believers? Are we as concerned as our Lord about keeping the good fellowship among our brothers and sisters in Christ? Are we doing anything that undermines the unity of believers in our family, church, or small group?

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| (Notes from the Evening Watch message) |
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<u>2 Chronicles 20:3-6, 9, 12-15</u> – <sup>3</sup>Jehoshaphat was afraid and turned his attention to seek the LORD, and proclaimed a fast throughout all Judah. <sup>4</sup>So Judah gathered together to seek help from the LORD; they even came from all the cities of Judah to seek the LORD. <sup>5</sup>Then Jehoshaphat stood in the assembly of Judah and Jerusalem, in the house of the LORD before the new court, <sup>6</sup>and he said,

"O LORD, the God of our fathers, are You not God in the heavens? And are You not ruler over all the kingdoms of the nations? **Power and might are in Your hand so that no one can stand against You...** <sup>9</sup>'Should evil come upon us, the sword, or judgment, or pestilence, or famine, we will stand before this house and before You (for Your name is in this house) and **cry to You in our distress, and You will hear and deliver us.**' ...<sup>12</sup>O our God, will You not judge them? For we are powerless before this great multitude who are coming against us; **nor do we know what to do, but our eyes are on You.**"

<sup>13</sup>All Judah was standing before the LORD, with their infants, their wives, and their children. <sup>14</sup>Then in the midst of the assembly... <sup>15</sup>...thus says the LORD to you, **"Do not fear or be dismayed because of this great multitude, for the battle is not yours but God's."** 

#### REFLECTION

There was an invading Edomite army encroaching upon the southern Kingdom of Judah under Jehoshaphat's rule (2 Chronicles 20:10). Instead of readying the weapons, rallying the soldiers, and preparing the nation for war, Jehoshaphat did something entirely unexpected—he called for the entire nation to fast and pray, to seek help from the Lord (verses 3-4). He stood before God in desperate supplication, uttering, "We do not know what to do, but our eyes are on You."

Later on, the Spirit of God would give them hope as these words were said: "for the battle is not yours but God's (verse 15b). You need not fight in this battle; station yourselves, stand and see the salvation of the Lord on your behalf (2 Chronicles 20:17a)." In response, they gave thanks—singing and praising God and then the nation was delivered miraculously without a single weapon being raised (2 Chronicles 20:21-24).

How do we respond to the problems happening in our country? Do we seek the Lord in prayer and fasting, setting our eyes upon Him?

#### AS WE PRAY...

- Intercede for our leaders to serve with integrity, wisdom, faithfulness, protection, and guidance:
  - The President, Vice President, Cabinet Members and advisers
  - The Senators and Congressmen
  - The Chief Justice and all justices
  - The Military and Police force
  - The Local Government and Barangay officials
- Pray for major national issues:
  - Graft and corruption, drugs, forced labor, human trafficking
  - Ungodly values, moral decline, materialism, idolatry
  - Economic hurdles, traffic problem, bills and laws that are against God's word and will
  - That more Filipinos from all walks of life will be saved and for them to develop a genuine reverential fear of the Lord
- Ask God how you can be part of the solution to the problems our nation is facing.



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| (Notes from the Evening Watch message) |
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Many times Scripture can be our guide in praying over our lives and even that of our family. In Paul's letter to the Philippians, he encourages the church—who often met in households and among family members—to grow in their faith towards the Lord and in their love for one another. Despite writing the epistle from prison, Paul wants them to live out their God-given roles and he does so by first and foremost, lifting them up in prayer.

#### REFLECTION

Looking at the underlined portions, you may pray through Scripture in this pattern for your very own family:

#### Philippians 1:3-11

#### <sup>3</sup>I thank my God in all <u>my remembrance of you</u>, <sup>4</sup><u>always</u> <u>offering prayer</u> with joy in my every prayer for you all,

List down specific family members and give thanks to the Lord for each of them:

Your own family: \_\_\_\_\_\_

Pray for the heart:

- If some family members have mistreated you in the past, ask God to enable you to forgive and to continue loving them despite the hurt they have inflicted.
- If some have rejected your sharing of the faith, ask God to empower you to still be a faithful witness and to constantly look for opportunities to pray, care, and share.
- If some have come to believe, ask God that you can follow through with them, perhaps by inviting them to church or to a simple personal catch-up.

# <sup>8</sup>For God is my witness, how I long for you all with the <u>affection of Christ Jesus</u>. <sup>9</sup>And this I pray, that <u>your love</u> <u>may abound still more and more</u> in <u>real knowledge</u> and <u>all discernment</u>,

Pray that Christ's love in your family would abound more:

- In caring affection by extending care, concern, and love
- In real knowledge by knowing Christ in a deeper and more intimate way

- Your father's side: \_\_\_\_\_\_
- Your mother's side: \_\_\_\_\_\_

### <sup>5</sup>in view of your <u>participation in the gospel</u> from the first day until now.

Pray for the family members who have not yet heard of the Gospel. Ask the Lord in what way you can participate in caring for them, showing them the love of God, and sharing your faith to point them to Jesus.

#### <sup>6</sup>For I am confident of this very thing, that He who<u>began</u> <u>a good work in you will perfect it</u> until the day of Christ Jesus.

Pray for the family members who already know and love Jesus: that they may grow more Christlike and that they would not give up but instead allow the Lord to continue His good work in their lives.

<sup>7</sup>For it is only right for me to feel this way about you all, because I have you <u>in my heart</u>, since both in my <u>imprisonment</u> and in the <u>defense and confirmation of the</u> <u>gospel</u>, you all are <u>partakers of grace</u> with me.  In all discernment – by having wisdom and guidance in family decisions

#### <sup>10</sup>so that you may approve the things that are <u>excellent</u>, in order to be <u>sincere and blameless</u> until the day of Christ; <sup>11</sup>having been filled with the <u>fruit of righteousness</u> which comes through Jesus Christ, to the <u>glory and praise of</u> <u>God</u>.

Ask God to use you as a channel of His love unto your relatives and family members:

- To be a better and more excellent family member, spouse, parent, child, etc
- To be sincere and blameless, not living a double life or being hypocritical
- To be filled with the Holy Spirit in order to bear the fruit of righteousness
- To glorify and praise God in all things, even with difficult relationships in our families

## FAMILY RELATIONSHIPS

JANUARY 8, 2020, DAY 3

| (Notes from the Evening Watch message) |
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<u>Matthew 8:5-13</u> – <sup>5</sup>And when Jesus entered Capernaum, a centurion came to Him, imploring Him, <sup>6</sup>and saying, "Lord, my servant is lying paralyzed at home, fearfully tormented." <sup>7</sup>Jesus \*said to him, "I will come and heal him." <sup>8</sup>But the centurion said, **"Lord, I am not worthy for You to come under my roof, but just say the word, and my servant will be healed.** <sup>9</sup>For I also am a man under authority, with soldiers under me; and I say to this one, 'Go!' and he goes, and to another, 'Come!' and he comes, and to my slave, 'Do this!' and he does it."

<sup>10</sup>Now when Jesus heard this, He marveled and said to those who were following, "Truly I say to you, I have not found such great faith with anyone in Israel. <sup>11</sup>I say to you that many will come from east and west, and recline at the table with Abraham, Isaac and Jacob in the kingdom of heaven; <sup>12</sup>but the sons of the kingdom will be cast out into the outer darkness; in that place there will be weeping and gnashing of teeth." <sup>13</sup>And Jesus said to the centurion, **"Go; it shall be done for you as you have believed."** And the servant was healed that very moment.

#### AS WE PRAY...

- Let us confess our tendency to rely on our own resources and then run to God only as a last resort.
- When we pray for healing whether for ourselves or for others – let us pray that God heals in His time and in His way. Let us not dictate how He should heal us or our loved ones but let us remember to pray in faith believing that God is the same healer yesterday, today, and forevermore.

#### REFLECTION

An example of a prayer offered in faith is found in the account of the centurion who came to Jesus for the healing of his servant. The centurion placed his complete trust in the word of Jesus (verse 8). This points to the truth that what Jesus declares regarding the condition of the sick is what truly heals them—it is His word at work in the lives of those who turn to Him by faith for healing.

Are you exercising faith in Jesus by praying and asking for healing for yourself and others? In a similar way, do you pray for God to guide the doctors? Do you pray for God to make the medicine and therapy effective?

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<u>Exodus 33:18-20</u> – <sup>18</sup>Then Moses said, **"I pray You, show me Your glory!"** <sup>19</sup>And He said, "I Myself will make all My goodness pass before you, and will proclaim the name of the LORD before you; and I will be gracious to whom I will be gracious, and will show compassion on whom I will show compassion." <sup>20</sup>But He said, "You cannot see My face, for no man can see Me and live!"

<u>Exodus 34:5-9</u> – <sup>5</sup>The LORD descended in the cloud and stood there with him as he called upon the name of the LORD. <sup>6</sup>Then the LORD passed by in front of him and proclaimed, **"The LORD, the LORD God, compassionate and gracious, slow to anger, and abounding in lovingkindness and truth;** <sup>7</sup>who keeps lovingkindness for thousands, who forgives iniquity, transgression and sin; yet He will by no means leave the guilty unpunished, visiting the iniquity of fathers on the children and on the grandchildren to the third and fourth generations." <sup>8</sup>Moses made haste to bow low toward the earth and worship. His hand, revealed His character to Moses, and God's presence went before Moses.

When we seek God for a breakthrough, more often than not, we want a blessing, a sign, or a change in our situation. For Moses, the Lord and His presence were enough as a breakthrough. When you seek the Lord, do you focus on your own goals or focus on His glory instead?

#### AS WE PRAY...

- Are we facing any discouragement, anxiety, conviction of sin, guilt, or fear that gets in the way of our relationship with God?
- Ask the Lord for a personal breakthrough in seeking God's glory in our lives over our personal agenda.

<sup>9</sup>He said, "If now I have found favor in Your sight, O Lord, I pray, let the Lord go along in our midst, even though the people are so obstinate, and pardon our iniquity and our sin, and take us as Your own possession."

#### REFLECTION

Moses was close to breaking down.

When God was angry at the Israelites for being stubborn and constantly rebelling against Him in the wilderness, He would not go with them lest He should destroy them (Exodus 33:5-6). Moses then pleads with the Lord that He would extend compassion on them for they are His people; God responds, "My presence shall go with you, and I will give you rest" (Exodus 33:14).

Moses wasn't content with this because he asks a second request of God: "I pray You, show me Your glory!" (Exodus 33:18), as a confirmation of God's covenant over His people. What Moses experienced soon after is a picture of God's mercy and grace. Even though Moses could die if He saw the perfect holiness of God, the Lord covered Moses with Spend time to personally meditate on the attributes of God and worship Him:

- Holy, perfect, and glorious
- Compassionate and gracious
- Patient and slow to anger
- Abounding in lovingkindness and truth
- Forgiving iniquity, transgression, and sin
- Righteous and just

### PERSONAL BREAKTHROUGH

JANUARY 10, 2020, DAY 5

| (Notes from the Evening Watch message) |
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<u>1 Kings 3:6-9</u> – <sup>6</sup>Then Solomon said, "You have shown great lovingkindness to Your servant David my father, according as he walked before You in truth and righteousness and uprightness of heart toward You; and You have reserved for him this great lovingkindness, that You have given him a son to sit on his throne, as it is this day. <sup>7</sup>Now, O LORD my God, You have made Your servant king in place of my father David, yet I am but a little child; I do not know how to go out or come in. <sup>8</sup>Your servant is in the midst of Your people which You have chosen, a great people who are too many to be numbered or counted. <sup>9</sup>So give Your servant an understanding heart to judge Your people to discern between good and evil. For who is able to judge this great people of Yours?"

#### AS WE PRAY...

Let us petition God for our youth regarding such areas as:

- Excellence in school
- Healthy family relationships
- Victory over addictions (drugs, pornography, digital addiction)
- Sexual purity and self-control
- Overcome depression, anxiety, and suicidal thoughts

Go out of your way this week to pray with a younger person.

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#### REFLECTION

Young Solomon had big shoes to fill after his father David ruled Israel. He knew that God had called him towards a role that would build and maintain God's Kingdom and rule in his own country. Solomon felt his inadequacy for such a huge task for he was only a "little child" in his own words (verse 7b). So when God asked what He would give to him (1 Kings 3:5b), Solomon asked for wisdom and understanding. In this story, Solomon was an example of a young man asking God for only what He could give and for that, God was pleased to endow him not only with wisdom but with riches and honor as long as Solomon would walk in God's ways and follow His heart.

When God reaches the younger generation, He seeks to use them mightily as long as they follow His ways. In what way can we empower those who are younger than we are?

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# PRAYER LIST

#### A. THE PHILIPPINES

- 1. The President, Vice President, Cabinet Members, and their advisers
- 2. The Senators and Congressmen
- 3. The Chief Justice and the all justices
- 4. The Military and Police force
- 5. The local government officials down to the barangay officials
- 6. For public officials to serve with integrity, wisdom, faithfulness, God's protection, and guidance
- 7. For corrupt officials to be exposed and brought to justice
- 8. For righteousness, justice, peace, and economic prosperity
- 9. For more Filipinos from all walks of life to be saved and for them to develop a genuine reverential fear of the Lord
- 10. For major national issues (drugs, graft and corruption, forced labor and human trafficking, family fragmentation and absentee parents, moral decline, idolatry, materialism, ungodly values, pornography, sexual promiscuity, rise of HIV, teenage pregnancies, gender confusion, screen addiction, traffic problem, and for bills and laws that are being proposed/that have passed which are clearly against God's word and will)

#### **B.** THE CHURCH

- 1. Lives of all CCF leaders and members to be characterized by love for God and others, purity and holiness, humility and brokenness, integrity
- 2. Faithfulness to fulfill God's mission for CCF (to honor God and to make Christ-committed followers who will make Christ-committed followers)
- Pastor Peter Tan-Chi and his family (holiness, intimacy with the Lord, wisdom and power to lead the CCF discipleship movement, to be Spirit-filled at all times)
- 4. CCF Elders, Pastors, Dgroup leaders, church planters, missionaries, campus workers, staff members and volunteers (passion in serving God, holiness, good health and protection, spiritual growth and intimacy with the Lord, to be controlled and empowered by the Holy Spirit, to be people of moral excellence and integrity)
- 5. Establishment of 200,000 Dgroups globally and 100 city churches in the Philippines by year 2020
- 6. Continuous multiplication of spiritually healthy international satellites and house churches
- 7. That CCF members will be people devoted to prayer
- 8. Reach the young generation through Elevate campus ministries in high schools, colleges, and universities across the nation

#### C. PERSONAL BREAKTHROUGH

- Spiritual revival know God more intimately, live to please God and honor Him
- 2. Develop Christ-like character by being filled with the Holy Spirit and the fruit of the Spirit (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control)
- 3. Physical healing and living a balanced life (keep increasing in wisdom, stature, in favor with God and men)
- 4. Breakthrough over sins and bad habits

#### D. FAMILY

- 1. For a Christ-centered family
- 2. Husbands to love their wives and be the spiritual leaders of their homes
- 3. Wives to respect and submit to their husbands
- 4. Fathers and mothers to be models of Christ-like behavior to their children
- 5. For parents to be intentional in discipling their children to know and love God
- 6. Children to obey, honor, and respect their parents
- 7. For forgiveness and restoration of relationships that family members live harmoniously with love and respect, serving God and others together
- 8. Salvation of household and relatives

#### E. FINANCES

- 1. Freedom from debt
- 2. Good stewardship of God's money and financial blessings
- 3. Tithe regularly and be generous
- 4. Business, professional, and career growth

#### F. OTHER PERSONAL PRAYER ITEMS



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OR EMAIL US AT testimonies@ccf.org.ph

YOU CAN ALSO WRITE YOUR ANSWERED PRAYERS ON A **TITHE ENVELOPE** AND DROP IT IN THE TITHE BOX.

