

How To Be Filled by The Holy Spirit

We are Filled by the Holy Spirit by Faith;

Then We Can Experience the Abundant and Fruitful Life Which Christ Promised to Each Christian.

1. Sincerely desire to be filled and empowered by the Holy Spirit. (Matthew 5:6)
2. Confess and Repent of any known sin in your life. By faith thank God that He has forgiven all of your sins - past, present and future - because Christ died for you. (1 John 1:9)
3. Surrender every area of your life to God (Romans 12:1, 2); and by faith ask the Holy Spirit to fill and empower you according to:
 - **His Command** - Be filled with the Spirit. "And do not get drunk with wine, for that is dissipation, but be filled with the Spirit." (Ephesians 5:18)
 - **His Promise** - He will always answer when we pray according to His will. "And this is the confidence which we have before Him, that, if we ask anything according to His will, He hears us. And if we know that He hears us in whatever we ask, we know that we have the requests which we have asked of Him." (1 John 5:14, 15)
4. Pray and trust God to fill you with the Holy Spirit by faith.

"Dear Father, I need You. I acknowledge that I have been directing my own life and that, as a result, I have sinned against You. I thank You that You have forgiven my sins through Christ's death on the cross for me. I now invite Christ to again take His place on the throne of my life. Fill me with the Holy Spirit as You commanded me to be filled, and as You promised in Your Word that You would do if I asked in faith. I now thank You for directing my life and for filling me with the Holy Spirit."

How to Continually Walk in the Spirit

As you continue to trust Christ moment by moment:

1. Your life will have the fruit of the Holy Spirit (Galatians 5:22, 23) and will be more and more conformed to the image of Christ. (Romans 12:2; 2 Corinthians 3:18)
2. Your prayer life and study of God's Word will become more meaningful.
3. You will experience His power in witnessing. (Acts 1:8)
4. You will be prepared for spiritual conflict against the world (1 John 2:15-17); against the flesh (Galatians 2:20); and against Satan (1 Peter 5:7-9; Ephesians 6:10-13)
5. You will experience His power to resist temptation and sin (Galatians 5:16; 1 Corinthians 10:13) If you retake the throne of your life through sin – a definite act of disobedience – breathe spiritually.

Spiritual Breathing (exhaling the impure and inhaling the pure) is an exercise in faith that enables you to continue to experience God's love and forgiveness.

1. **Exhale** - confess your sin to God and thank Him for His forgiveness, according to 1 John 1:9 and Hebrews 10:1-25. Confession involves Repentance – turning away from your sins.
2. **Inhale** - surrender the control of your life to Christ and claim the fullness of the Holy Spirit by faith. Trust that He now directs and empowers you; according to the command of Ephesians 5:18, and the promise of 1 John 5:14, 15.