

LORD'S SUPPER GUIDE

NOVEMBER 2018



The Lord's Supper shall be done once a month in the Dgroup along with the monthly prayer meeting. It shall be held at the end of the prayer time.

INSTRUCTIONS TO THE DGROUP LEADER:

1. Assign a member to prepare the elements:
 - a. Any one whole piece of cracker or bread (preferably without yeast).
 - b. Grape juice -- one big cup or bottle and many small cups (one for each member).
2. Announce the celebration of the Lord's Supper.
3. Lead the short devotion below.*
4. Thank God the Father for sending His Son as a sacrifice for our sins. Break the cracker or bread and say, "This reminds us of Jesus' body which was broken for us." Distribute the pieces and eat.
5. Pour the grape juice into the cups and say, "This reminds us of Jesus' blood which was shed for us." Distribute the cups and drink.
6. Close in prayer.

Please encourage all your members to individually pray and fast once a week (fasting one meal per week will do). You can share your answered prayers on the following month's prayer meeting.

SHORT DEVOTION

1. 1 Corinthians 11:26

"For as often as you eat this bread and drink this cup, you proclaim the Lord's death till He comes."

2. Explain the following points to your members:

- a. What is so significant about the death of Jesus Christ that it merits being commemorated every so often when Christians gather? The answer is given by the Apostle Paul in 1 Corinthians 15:3 – *"For I delivered to you as of first importance what I also received, that Christ died for our sins according to the Scriptures."*
- b. The death of Jesus Christ brought to completion the forgiveness of sins that was foreshadowed and guaranteed by God in previous times. Before the death of Jesus, sins were dealt with through a system of gory ceremonies. Even then, these sins were just atoned for or covered by sacrificial blood. It was only when Jesus died that these sins were finally paid for (Colossians 2:13-14).
- c. What is good news about this is that this blotting out of our sins is real only to those who are eligible participants of the Lord's Supper. It is not true for all people, but only those who believe in Jesus Christ.
- d. The Lord's Supper then is a gathering of forgiven people and one of the practical applications in this celebration is how we are to live as forgiven people, not as guilt-ridden, sin-infected creatures.

3. Ask them to reflect on this. (2 minutes)

How should we live our lives as a forgiven people?

All Dgroups are encouraged to devote their first meeting of the month to a time of prayer and commemoration of the Lord's Supper.