

LORD'S SUPPER GUIDE

OCTOBER 2018



The Lord's Supper shall be done once a month in the Dgroup along with the monthly prayer meeting. It shall be held at the end of the prayer time.

INSTRUCTIONS TO THE DGROUP LEADER:

1. Assign a member to prepare the elements:
 - a. Any one whole piece of cracker or bread (preferably without yeast).
 - b. Grape juice -- one big cup or bottle and many small cups (one for each member).
2. Announce the celebration of the Lord's Supper.
3. Lead the short devotion below.*
4. Thank God the Father for sending His Son as a sacrifice for our sins. Break the cracker or bread and say, "This reminds us of Jesus' body which was broken for us." Distribute the pieces and eat.
5. Pour the grape juice into the cups and say, "This reminds us of Jesus' blood which was shed for us." Distribute the cups and drink.
6. Close in prayer.

Please encourage all your members to individually pray and fast once a week (fasting one meal per week will do). You can share your answered prayers on the following month's prayer meeting.

SHORT DEVOTION

1. Matthew 26:26

"And as they were eating, Jesus took bread, blessed and broke it, and gave it to the disciples and said, 'Take, eat; this is My body.'"

2. Explain the following points to your members:

- a. Jesus and His disciples were celebrating the Passover when, in the middle of the ceremony, He instituted the Lord's Supper. Perhaps, the disciples thought that Jesus was just continuing the Passover meal by breaking bread distributing this to those who were with Him. They must have stopped on their tracks when they heard Jesus say, "This is My body...This is My blood...Take this in remembrance of Me."
- b. Suddenly it was no longer the deliverance of Israel by God that was the focus of the ceremony. Jesus has become the center of the celebration.
- c. And that is really what the Lord's Supper is all about. It is about who Jesus Christ is and what He has done. Because of this, the celebration is only for people who proclaim the centrality of Jesus in their lives. These are the people who come to God to be cleansed and to present themselves for His use.
- d. God said, "By those who come near Me I must be regarded as holy; And before all the people I must be glorified." Every time we come in the presence of Jesus and celebrate the Lord's Supper, we submit to the will of God for us to be holy as He is holy, which is the reason why we first go through self-examination and cleansing by the Holy Spirit.

3. Ask them to reflect on this. (2 minutes)

- a. Is Jesus Christ the center of our lives?
- b. Does that show in the way we live?
- c. As we partake of the Lord's Supper, let us examine our hearts if there is anything in us that is not pleasing to the Lord. If there is, then, let us confess this to God and praise Him for who He is and what He has done for us.

All Dgroups are encouraged to devote their first meeting of the month to a time of prayer and commemoration of the Lord's Supper.