

LORD'S SUPPER GUIDE

SEPTEMBER 2018



The Lord's Supper shall be done once a month in the Dgroup along with the monthly prayer meeting. It shall be held at the end of the prayer time.

INSTRUCTIONS TO THE DGROUP LEADER:

1. Assign a member to prepare the elements:
 - a. Any one whole piece of cracker or bread (preferably without yeast).
 - b. Grape juice -- one big cup or bottle and many small cups (one for each member).
2. Announce the celebration of the Lord's Supper.
3. Lead the short devotion below.*
4. Thank God the Father for sending His Son as a sacrifice for our sins. Break the cracker or bread and say, "This reminds us of Jesus' body which was broken for us." Distribute the pieces and eat.
5. Pour the grape juice into the cups and say, "This reminds us of Jesus' blood which was shed for us." Distribute the cups and drink.
6. Close in prayer.

Please encourage all your members to individually pray and fast once a week (fasting one meal per week will do). You can share your answered prayers on the following month's prayer meeting.

SHORT DEVOTION

1. 1 Corinthians 11:20

"Therefore when you come together in one place, it is not to eat the Lord's Supper."

2. Explain the following points to your members:

- a. In Bible times, when you spread a meal, and a man accepted your hospitality, he is committed to you and you are committed to him. To sit at a man's table and to receive his hospitality, is at the same time to commit yourself never to do any harm to that man. You also commit never be party to any injury or any disloyalty to him. To take a meal together, therefore, was at the same time to enter into a pledge (see Psalm 41:9, cf. John 13:18) with the host.
- b. The meaning of all this is that the table at which you eat is the loyalty to which you are pledged. In other words, every time we gather at the Lord's Table, we are pledging our loyalty to Him, who owns us and whom we serve.
- c. In Matthew 16:24, Jesus says whoever wants to be His disciple must deny themselves, and take up their cross, and follow Him. We are either His followers or not—there is no middle ground.
- d. A person who is living in sin contends with God. And when he partakes of the Lord's Supper, he plays the role of the supreme hypocrite because, while externally he pledges loyalty to his Host, in his heart, he is really opposing Him by doing the very things that his Host hate

3. Ask them to reflect on these. (2 minutes)

- a. Is there any unconfessed sin in your heart right now?
- b. Are we truly loyal to Jesus and following Him, or are we holding back? Is there anything that is keep us from fully obeying the Lord?

All Dgroups are encouraged to devote their first meeting of the month to a time of prayer and commemoration of the Lord's Supper.