

LORD'S SUPPER GUIDE

AUGUST 2018



The Lord's Supper shall be done once a month in the Dgroup along with the monthly prayer meeting. It shall be held at the end of the prayer time.

INSTRUCTIONS TO THE DGROUP LEADER:

1. Assign a member to prepare the elements:
 - a. Any one whole piece of cracker or bread (preferably without yeast).
 - b. Grape juice -- one big cup or bottle and many small cups (one for each member).
2. Announce the celebration of the Lord's Supper.
3. Lead the short devotion below.*
4. Thank God the Father for sending His Son as a sacrifice for our sins. Break the cracker or bread and say, "This reminds us of Jesus' body which was broken for us." Distribute the pieces and eat.
5. Pour the grape juice into the cups and say, "This reminds us of Jesus' blood which was shed for us." Distribute the cups and drink.
6. Close in prayer.

Please encourage all your members to individually pray and fast once a week (fasting one meal per week will do). You can share your answered prayers on the following month's prayer meeting.

SHORT DEVOTION

1. 1 Corinthians 10:16-17

"¹⁶The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ? ¹⁷For we, though many, are one bread and one body; for we all partake of that one bread."

2. Explain the following points to your members:

- a. One of the symbols of the Lord's Supper that Paul brings up is the bread. But Paul does not just mention "bread" but specifically states "ONE bread". And the clear reference is to the body of Christ, not the literal, physical body but the group of believers who trust and follow Him.
- b. As a body of believers, we, who celebrate the Lord's Supper, should be one, i.e., united in our love for God and for one another.
- c. Today, many Christians, even those belonging to the same congregation, are divided over many issues, some of which are on doctrinal matters, others on social and financial matters, and the rest on personal preference.
- d. The result of these divisions is the proliferation of church leaders and members who are at enmity with each other and are not speaking to each other. All these make up for a bad testimony that puts to shame the name of our Lord.

3. Ask them to reflect on this. (2 minutes)

- a. As we partake of the Lord's Supper, let us ask ourselves if there are people around us, especially in the church, with whom we are not speaking or communicating face to face?
- b. Are there, in the church, people we avoid or people who avoid us because we were hurt by them or we have hurt them?
- c. If so, then, we must follow the Biblical mandate by initiating the process of reconciliation with them.

All Dgroups are encouraged to devote their first meeting of the month to a time of prayer and commemoration of the Lord's Supper.