

LORD'S SUPPER GUIDE

JULY 2018



The Lord's Supper shall be done once a month in the Dgroup along with the monthly prayer meeting. It shall be held at the end of the prayer time.

INSTRUCTIONS TO THE DGROUP LEADER:

1. Assign a member to prepare the elements:
 - a. Any one whole piece of cracker or bread (preferably without yeast).
 - b. Grape juice -- one big cup or bottle and many small cups (one for each member).
2. Announce the celebration of the Lord's Supper.
3. Lead the short devotion below.*
4. Thank God the Father for sending His Son as a sacrifice for our sins. Break the cracker or bread and say, "This reminds us of Jesus' body which was broken for us." Distribute the pieces and eat.
5. Pour the grape juice into the cups and say, "This reminds us of Jesus' blood which was shed for us." Distribute the cups and drink.
6. Close in prayer.

Please encourage all your members to individually pray and fast once a week (fasting one meal per week will do). You can share your answered prayers on the following month's prayer meeting.

SHORT DEVOTION

1. 1 Corinthians 11:25

*"In the same manner He also took the cup after supper, saying, "This cup is the new **covenant** in My blood..."*

2. Explain the following points to your members:
 - a. The Lord's Supper formally established the new covenant that God promised to Israel. It is a covenant symbolized by the cup and written in the blood of Christ, making it an irrevocable and intrinsic part of God and His people.
 - b. Hebrews 8:10 – *"For this is the covenant that I will make with the house of Israel after those days, says the LORD: I will put My laws in their mind and write them on their hearts; and I will be their God, and they shall be My people."*
 - c. While it is true that the covenant was with "the house of Israel", it was not meant for the Jews alone, but also for all those who believe in Jesus the way the first church in Israel (Jerusalem) did. The stipulations of the new covenant is no longer written on tablets of stone but in the hearts and minds of God's people so that we obey both the letter and the spirit of the Law.
 - d. The Lord's Supper then is an acknowledgment that the Law is written in our hearts and that we obey it because we have a personal relationship with the Lord.
3. Ask them to reflect on this. (2 minutes)

Does your life show that you follow the Law because you have a personal relationship with God?

All Dgroups are encouraged to devote their first meeting of the month to a time of prayer and commemoration of the Lord's Supper.