

LORD'S SUPPER GUIDE

MAY 2018



The Lord's Supper shall be done once a month in the Dgroup along with the monthly prayer meeting. It shall be held at the end of the prayer time.

INSTRUCTIONS TO THE DGROUP LEADER:

1. Assign a member to prepare the elements:
 - a. Any one whole piece of cracker or bread (preferably without yeast).
 - b. Grape juice -- one big cup or bottle and many small cups (one for each member).
2. Announce the celebration of the Lord's Supper.
3. Lead the short devotion below.*
4. Thank God the Father for sending His Son as a sacrifice for our sins. Break the cracker or bread and say, "This reminds us of Jesus' body which was broken for us." Distribute the pieces and eat.
5. Pour the grape juice into the cups and say, "This reminds us of Jesus' blood which was shed for us." Distribute the cups and drink.
6. Close in prayer.

Please encourage all your members to individually pray and fast once a week (fasting one meal per week will do). You can share your answered prayers on the following month's prayer meeting.

SHORT DEVOTION

1. 1 Corinthians 11:27-30

*"²⁷Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord. ²⁸But **LET A MAN EXAMINE HIMSELF**, and so let him eat of the bread and drink of the cup. ²⁹For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body. ³⁰For this reason many are weak and sick among you, and many sleep."*

2. Explain the following points to your members:
 - a. The Lord's Supper is not a ritual that should be taken lightly. It is a ceremony that should be prepared for by self-examination. We are to assess if our character and our relationships with God and men are improving or not.
 - b. If we are not right with God, with others, and with ourselves, we dishonor the Lord by partaking of His supper.
 - c. There is a proper way to celebrate the Lord's Supper. And if this is not followed, then, we subject ourselves to immediate divine judgment that could lead to sickness or even death.
 - d. The proper way to partake of the Lord's Supper is to celebrate it with a clean heart and a clear conscience. This involves confession of sin and repentance prior to participating in the ceremonial meal. Unless our hearts are cleansed by God, we are not ready to partake of the Lord's Supper.
3. Ask them to reflect on this. (2 minutes)
 - a. Ask yourself: "Is my life pleasing to God? Or am I going back to this world where I formerly lived in the lust of the flesh?"
 - b. What is one thing that the Lord is asking you to surrender to Him right now?

All Dgroups are encouraged to devote their first meeting of the month to a time of prayer and commemoration of the Lord's Supper.