

LORD'S SUPPER GUIDE

FEBRUARY 2018



The Lord's Supper shall be done once a month in the Dgroup along with the monthly prayer meeting. It shall be held at the end of the prayer time.

INSTRUCTIONS TO THE DGROUP LEADER:

1. Assign a member to prepare the elements:
 - a. Any one whole piece of cracker or bread (preferably without yeast).
 - b. Grape juice -- one big cup or bottle and many small cups (one for each member).
2. Announce the celebration of the Lord's Supper.
3. Lead the short devotion below.*
4. Thank God the Father for sending His Son as a sacrifice for our sins. Break the cracker or bread and say, "This reminds us of Jesus' body which was broken for us." Distribute the pieces and eat.
5. Pour the grape juice into the cups and say, "This reminds us of Jesus' blood which was shed for us." Distribute the cups and drink.
6. Close in prayer.

Please encourage all your members to individually pray and fast once a week (fasting one meal per week will do). You can share your answered prayers on the following month's prayer meeting.

SHORT DEVOTION

1. 1 Corinthians 10:16-17

*"The cup of blessing which we bless, is it not the communion of the blood of Christ? The **BREAD WHICH WE BREAK**, is it not the communion of the body of Christ? 17For we, though many, are one bread and one body; for we all partake of that one bread."*

1 Corinthians 11:24

*"And when He had given thanks, He broke it and said, 'Take, eat; this is **MY BODY WHICH IS BROKEN** for you; do this in remembrance of Me.'"*

2. Explain the following points to your members:
 - a. The "breaking of bread" is something which is done only in the context of a meal. The Bible uses the term in reference to the blessing at the start of the meal, which is done by the one who "breaks bread".
 - b. As in the various instances when Jesus broke bread to feed people, this meal is meant to satisfy the hunger of men.
 - c. In the Lord's Supper, Jesus expanded the significance of the 'breaking of bread' by referring to the bread as His body. By breaking and distributing it to the members at the Table, our Lord showed that we are not just part of His body but that real satisfaction comes from being part of Him.
 - d. The Lord's Supper also reveals our dependence upon Christ. Every time we come together to the Lord's Table, we are making an outward acknowledgment that we live by Him, that He is our nourishment, that He is our strength, and without Him we are nothing.
3. Ask them to reflect on this. (2 minutes)
 - a. Do we find satisfaction in Christ alone or in other things or people or in a combination of both?
 - b. To find satisfaction in Jesus, we must ask Him to change our appetites and desires. Write a prayer that expresses your desire to find your greatest joy in Him alone.

All Dgroups are encouraged to devote their first meeting of the month to a time of prayer and commemoration of the Lord's Supper.