

LORD'S SUPPER GUIDE

JANUARY 2018



The Lord's Supper shall be done once a month in the Dgroup along with the monthly prayer meeting. It shall be held at the end of the prayer time.

INSTRUCTIONS TO THE DGROUP LEADER:

1. Assign a member to prepare the elements:
 - a. Any one whole piece of cracker or bread (preferably without yeast).
 - b. Grape juice -- one big cup or bottle and many small cups (one for each member).
2. Announce the celebration of the Lord's Supper.
3. Lead the short devotion below.*
4. Thank God the Father for sending His Son as a sacrifice for our sins. Break the cracker or bread and say, "This reminds us of Jesus' body which was broken for us." Distribute the pieces and eat.
5. Pour the grape juice into the cups and say, "This reminds us of Jesus' blood which was shed for us." Distribute the cups and drink.
6. Close in prayer.

Please encourage all your members to individually pray and fast once a week (fasting one meal per week will do). You can share your answered prayers on the following month's prayer meeting.

SHORT DEVOTION

1. 1 Corinthians 11:23

"For I received from the Lord that which I also delivered to you..."

2. Explain the following points to your members:

- a. Paul uttered these words when he introduced the subject of the Lord's Supper. This meant first of all that this observance did not originate with men (the Apostles or any of the followers of Christ), but with God Himself. Just like the design of the Tabernacle or the Temple, every aspect of the Lord's Supper is God's design. It is not just a sacred ritual, but a form of worship that is full of symbolism and meaning, meant for us to focus primarily on Jesus Christ.
- b. The significance of Paul's words is that the Lord's Supper was meant not just to be celebrated regularly, but also to be passed on from generation to generation. This "pass-on" system of doing things is the Biblical way when it comes to the important elements of the faith, such as doctrines and Biblically-instituted practices. The truth is that this was the model set by Jesus Christ Himself.
- c. Jesus said in John 12:50, "Whatever I speak, just as the Father has told Me, so I speak." Again in John 5:19, Jesus said in reference to His works, "Most assuredly, I say to you, the Son can do nothing of Himself, but what He sees the Father do; for whatever He does, the Son also does in like manner."
- d. When it comes to teachings, we do not invent doctrines but based everything on what is clearly taught in the Bible. When it comes to practices, such as Lord's Supper or baptism or prayer, again, we do not invent these, but we based what we do on the clear teachings of Scripture. The primary reason for this is to allow us to focus on the true God, our Lord and Savior, Jesus Christ.

3. Ask them to reflect on this. (2 minutes)

- a. Is our celebration of the Lord's Supper based on Scripture?
- b. Does our celebration of the Lord's Supper encourage and assist us to focus on Jesus Christ?

All Dgroups are encouraged to devote their first meeting of the month to a time of prayer and commemoration of the Lord's Supper.