



Devotion Guidelines:

1. Keep it short and interactive
2. Read the Scripture passage together with each person reading a verse
3. Ask questions about each verse
4. Ask each child how they will apply what they have learned from the verses. (Even your young children) You, as a parent, also share what you will apply. Remember that Bible study is for application and transformation not just for information.)
5. Pray together as a family (You and your children can take turns praying)
 - For each other's requests
 - To ask for God's help to apply what you have learned

Read Together: 1 Kings Chapter 19

1 Kings 19:1-8 Now Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. 2 Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me and even more, if I do not make your life as the life of one of them by tomorrow about this time." 3 And he was afraid and arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there. 4 But he himself went a day's journey into the wilderness, and came and sat down under a juniper tree; and he requested for himself that he might die, and said, "It is enough; now, O Lord, take my life, for I am not better than my fathers." 5 He lay down and slept under a juniper tree; and behold, there was an angel touching him, and he said to him, "Arise, eat." 6 Then he looked and behold, there was at his head a bread cake baked on hot stones, and a jar of water. So he ate and drank and lay down again. 7 The angel of the Lord came again a second time and touched him and said, "Arise, eat, because the journey is too great for you." 8 So he arose and ate and drank, and went in the strength of that food forty days and forty nights to Horeb, the mountain of God...

Talk Together:

1. In verses 1-2, what did Ahab and Jezebel want to do to Elijah and why?
2. In verse 3-4, describe how Elijah felt. Why did he ask God to take his life?
3. Look through verses 5-14, what did God do to comfort Elijah? List as many as you can find.
4. In verses 15-18, what did God ask Elijah to do?

Conviction:

I will continue to praise God and put my hope in Him even when I feel depressed.

Application:

How will you apply this lesson to your life?

Pray Together:

Father God, we confess we are prone to negative thoughts. Give us the courage to meet and follow You each day. Show us the steps we need to take and renew our hearts with hope. We trust and praise You for Your goodness and faithfulness. In the mighty name of Jesus, amen.