

LORD'S SUPPER GUIDE

JUNE 2017



The Lord's Supper shall be done once a month in the Dgroup along with the monthly prayer meeting. It shall be held at the end of the prayer time.

INSTRUCTIONS TO THE DGROUP LEADER:

1. Assign a member to prepare the elements:
 - a. Any one whole piece of cracker or bread (preferably without yeast).
 - b. Grape juice -- one big cup or bottle and many small cups (one for each member).
2. Announce the celebration of the Lord's Supper.
3. Lead the short devotion below.*
4. Thank God the Father for sending His Son as a sacrifice for our sins. Break the cracker or bread and say, "This reminds us of Jesus' body which was broken for us." Distribute the pieces and eat.
5. Pour the grape juice into the cups and say, "This reminds us of Jesus' blood which was shed for us." Distribute the cups and drink.
6. Close in prayer.

Please encourage all your members to individually pray and fast once a week (fasting one meal per week will do). You can share your answered prayers on the following month's prayer meeting.

SHORT DEVOTION

1. Matthew 26:30

"And when they had sung a hymn, they went out to the Mount of Olives."

2. Explain the following points to your members:

- a. The Jews sang the "Hallel" ("Hymn of Praise") consisting of six Psalms (113-118). These were sung on holidays and on joyous occasions as they reminded God's people of His love for them. It was possible that that the first 3 Psalms were sung or recited at the middle of the Passover celebration and the last 3 at the end of the meal, as the Gospels suggest.
- b. What was "joyous" and praiseworthy in that occasion when Jesus was on His way to His execution? For the disciples, they were probably thinking of the Jewish celebration, which called to remembrance God's deliverance of His people from bondage.
- c. For Jesus, the joy of the Last Supper was in the anticipation of totally following His Father's will and completing the salvation plan of God. Hebrews 12:2 says that Jesus, because of "the joy that was set before Him, endured the cross, despising the shame."

3. Ask them to reflect on this. (2 minutes)

Do you rejoice when you endure suffering for the sake of God?

All Dgroups are encouraged to devote their first meeting of the month to a time of prayer and commemoration of the Lord's Supper.