

LORD'S SUPPER GUIDE

MAY 2017



The Lord's Supper shall be done once a month in the Dgroup along with the monthly prayer meeting. It shall be held at the end of the prayer time.

INSTRUCTIONS TO THE DGROUP LEADER:

1. Assign a member to prepare the elements:
 - a. Any one whole piece of cracker or bread (preferably without yeast).
 - b. Grape juice -- one big cup or bottle and many small cups (one for each member).
2. Announce the celebration of the Lord's Supper.
3. Lead the short devotion below.*
4. Thank God the Father for sending His Son as a sacrifice for our sins. Break the cracker or bread and say, "This reminds us of Jesus' body which was broken for us." Distribute the pieces and eat.
5. Pour the grape juice into the cups and say, "This reminds us of Jesus' blood which was shed for us." Distribute the cups and drink.
6. Close in prayer.

Please encourage all your members to individually pray and fast once a week (fasting one meal per week will do). You can share your answered prayers on the following month's prayer meeting.

SHORT DEVOTION

1. Read the verses below. Ask your members to follow along with their Bibles and reflect on the passages.
 - a. Matthew 26:27 "Then He took the cup, **gave thanks**, and offered it to them, saying, "Drink from it, all of you." (read also the parallel passage Luke 22:17)
 - b. 1 Corinthians 11:24 "And when He had **given thanks**, He broke it and said, "Take, eat; this is My body which is broken for you; do this in remembrance of Me." (KJV)
 - c. 1 Corinthians 10:16a "Is not the **cup of thanksgiving** for which we give thanks a participation in the blood of Christ?..."
 - d. Hebrews 13:15 "Through Jesus, therefore, let us **continually offer to God a sacrifice of praise...**"
2. Explain to them the following points:
 - a. Giving thanks and praises to God is always a part of the celebration of the Lord's Supper. Our thankfulness must be shown as we observe the Lord's Supper.
 - b. "Eucharist" means giving thanks to God. This term came from the Greek word "eucharistia" which means thanksgiving.
 - c. The passages also encourage us to continually offer praise and thanksgiving to God not only during the observance of the Lord's Supper but also in our daily walk with the Lord. We are encouraged to let our lives be an expression of our gratitude to God.
 - d. Our gratitude is seen in our service to God. The more thankful we are, the more willing and passionate we are to serve God and others.
3. Ask your members to personally reflect on these points. (2-3 minutes)
 - a. As you partake of the Lord's Supper, what are the things (material, physical, spiritual, etc.) you would like to thank God for?
 - b. Are you thankful for the life Jesus has given us, as well as the blessings and even the trials that comes with it? Why?
 - c. How can we show our gratitude to God for what Jesus has done on the cross for us? In the coming days, what practical things you will do in order to show your gratitude to God?

All Dgroups are encouraged to devote their first meeting of the month to a time of prayer and commemoration of the Lord's Supper.