

# LORD'S SUPPER GUIDE

MARCH 2017



*The Lord's Supper shall be done once a month in the Dgroup along with the monthly prayer meeting. It shall be held at the end of the prayer time.*

## INSTRUCTIONS TO THE DGROUP LEADER:

1. Assign a member to prepare the elements:
  - a. Any one whole piece of cracker or bread (preferably without yeast).
  - b. Grape juice -- one big cup or bottle and many small cups (one for each member).
2. Announce the celebration of the Lord's Supper.
3. Lead the short devotion below.\*
4. Thank God the Father for sending His Son as a sacrifice for our sins. Break the cracker or bread and say, "This reminds us of Jesus' body which was broken for us." Distribute the pieces and eat.
5. Pour the grape juice into the cups and say, "This reminds us of Jesus' blood which was shed for us." Distribute the cups and drink.
6. Close in prayer.

***Please encourage all your members to individually pray and fast once a week (fasting one meal per week will do). You can share your answered prayers on the following month's prayer meeting.***

## SHORT DEVOTION

1. 1 Corinthians 10:21

*"You cannot drink the cup of the Lord and the cup of demons; you cannot partake of the LORD'S TABLE and of the table of demons."*

2. Explain the following points to your members:

- a. One of the terms used to designate the Lord's supper is the "Lord's Table". What does this indicate?
- b. One way to look at this is to make it analogous to a 'Presidential Table' in a banquet. While the food served in this table may be the same as those served in the other tables, what makes this table special are the persons who are seated here, particular the one who heads the table.
- c. Looking at it this way, we realize that the celebration of the Last Supper lies in the Person who instituted this and His disciples who have been chosen to join Him in His Table. If Jesus is absent in the celebration and if the partakers are not disciples of Christ, the rite becomes just an empty ritual.
- d. To be part of the Lord's Table then is to belong to the privileged group who has been given the right to be called children of God (John 1:12).

3. Ask them to reflect on this. (2 minutes)

- a. Are you sure you are called God's child?
- b. Are you enjoying close fellowship with Him, dining with Him in His table?
- c. Ask the Lord if there's anything in your life that is not pleasing to Him. Is there anything He would have you start doing, stop doing, or improve?

*All Dgroups are encouraged to devote their first meeting of the month to a time of prayer and commemoration of the Lord's Supper.*