

LORD'S SUPPER GUIDE

February 2017



HANDS TOGETHER
LIVES ALIGNED IN PRAYER

The Lord's Supper shall be done once a month in the Dgroup along with the monthly prayer meeting. It shall be held at the end of the prayer time.

Instructions to the Dgroup Leader:

1. Assign a member to prepare the elements:
 - a. Any one whole piece of cracker or bread (preferably without yeast).
 - b. Grape juice -- one big cup or bottle and many small cups (one for each member).
2. Announce the celebration of the Lord's Supper.
3. Lead the short devotion below.*
4. Thank God the Father for sending His Son as a sacrifice for our sins. Break the cracker or bread and say, "This reminds us of Jesus' body which was broken for us." Distribute the pieces and eat.
5. Pour the grape juice into the cups and say, "This reminds us of Jesus' blood which was shed for us." Distribute the cups and drink.
6. Close in prayer.

Please encourage all your members to individually pray and fast once a week (fasting one meal per week will do). You can share your answered prayers on the following month's prayer meeting.

*Short Devotion

1. Read Genesis 1:26-28. What can we discover about God's purpose for man from the beginning? How do you think God wants man to steward His image and His rule over all creation?
2. Explain the following points to your members:
 - a. When Adam and Eve sinned, the image of God in man was corrupted. Over time the wickedness of man increased as can be seen throughout scriptures.
 - b. "For if God did not spare the angels who sinned, but cast them down to hell and delivered them into chains of darkness, to be reserved for judgment." 2 Peter 2:4 (NKJV). This verse tells us that God is just, and did not spare judgment against the angels who sinned. God could have executed justice right away when man and angels sinned, but he did not, which could lead us to question God's impartiality.
 - c. But God who is patient and gracious not wanting everyone to perish but to be saved made a way to redeem mankind back to his original purpose – made in his image and likeness. Motivated by love, He sent his only begotten Son - Jesus. He was born of a woman, born under the law. And after living a perfectly righteous life, He was executed like a criminal. "For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him." 2 Corinthians 5:21 (NKJV).

Leader's note: Emphasize to your members that the exchange of righteousness and sin was necessary because God cannot justify the wicked, nor can He condemn the righteous (**Proverbs 17:15**). Also emphasize that this was the only way for God to remain **just** yet be able to justify the one who has faith in Jesus (**Romans 3:26**).

3. Ask them to reflect on these. (2 minutes)
 - a. With these things in mind, how should we approach the celebration of The Lord's Supper knowing that it is a symbol and a remembrance of the Lord's body that was given so that we might live as well as His blood that was shed for the forgiveness of our sins?
 - b. While we await full redemption, how should we live as stewards according to 1 Peter 4:10-11?

All Dgroups are encouraged to devote their first meeting of the month to a time of prayer and commemoration of the Lord's Supper.