

LORD'S SUPPER GUIDE

December 2016



HANDS TOGETHER
LIVES ALIGNED IN PRAYER

The Lord's Supper shall be done once a month in the Dgroup along with the monthly prayer meeting. It shall be held at the end of the prayer time.

Instructions to the Dgroup Leader:

1. Assign a member to prepare the elements:
 - a. Any one whole piece of cracker or bread (preferably without yeast).
 - b. Grape juice -- one big cup or bottle and many small cups (one for each member).
2. Announce the celebration of the Lord's Supper.
3. Lead the short devotion below.*
4. Thank God the Father for sending His Son as a sacrifice for our sins. Break the cracker or bread and say, "This reminds us of Jesus' body which was broken for us." Distribute the pieces and eat.
5. Pour the grape juice into the cups and say, "This reminds us of Jesus' blood which was shed for us." Distribute the cups and drink.
6. Close in prayer.

Please encourage all your members to individually pray and fast once a week (fasting one meal per week will do). You can share your answered prayers on the following month's prayer meeting.

*Short Devotion

1. Read the verses below with your Dgroup members, emphasizing on the highlighted words.

Genesis 3:21-22 **"The LORD God made garments of skin for Adam and his wife and clothed them. And the LORD GOD said, "The man has now become like one of us, knowing good and evil. He must not be allowed to reach out his hand and take also from the tree of life and eat, and live forever."** (NIV)

Hebrews 9:22 **"In fact, the law requires that nearly everything be cleansed with blood, and without the shedding of blood there is no forgiveness."** (NIV)
2. Explain the following points to your members:
 - a. God is sovereign. He possesses all power and dominion over heaven and earth. With His powerful hand, He controls every circumstance and is able to do whatever He wills.
 - b. Adam and Eve sinned by eating the forbidden fruit, thus, God denied them of eternal life. (G. v.22)
 - c. The payment for sin is death. Therefore, a sacrifice must be made to atone for sin. (Heb. v. 22)
 - d. God provided the first sacrifice when He slayed an animal and clothed Adam and Eve with it's skin. (G. v.21) God's sovereignty allows Him to graciously give salvation to anyone He chooses.
 - e. It was once again by God's sovereign grace that He provided the final and perfect sacrifice, Jesus Christ, the Lamb of God who took away the sins of the world once and for all.
 - f. We personally receive Christ's gift of salvation through the Lord's Supper. God chose us out of His free own will, not because of our own merit. Since God, in His sovereignty, has chosen us, we must be faithful stewards and abide in Him.
3. Ask them to reflect on these. (2 minutes)
 - a. As you celebrate the Lord's Supper, what attitude should you have knowing that God sovereignly and graciously chose to offer you eternal life?
 - b. Aware of God's sovereignty, how can you become faithful stewards of Christ?

All Dgroups are encouraged to devote their first meeting of the month to a time of prayer and commemoration of the Lord's Supper.